

January 2020
Vol 29, No 1



Parichay Mein Parichay



Unique thoughts
Nriyjanjali®

Leader in Personality Developments & Emotion Management

Parichay Mein Parichay

NRITYANJALI ANTHEM

सत्य मंगल प्रेममय तुम्ही
दृव ज्योति तुम अंधकार में ॥
प्यार मुस्कान सेवा में है
संपूर्ण आत्मज्ञान ॥

नृत्यांजली है मुक्त आंगन
नृत्य संगीत अभिनय संगम
व्यक्तित्व विकास ही हमारा है धर्म
सत्य शक्ति और स्वीकृति ॥

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Dear Readers,

Wishing you all a very Happy New Year! May this year bring happiness, good health and abundance of love to each and everyone on this planet.

The fond and sweet memories of the previous year definitely will be carried forward in the coming year. It will act as a booster to adventure into new things and take up projects so as to broaden our horizons.

Nriyanjali believes youth is the future and has the strength and capabilities to make a difference in the society. At every step, we at Nriyanjali, try to involve young hearts to learn, share responsibilities and strengthen them as individuals.

Nriyanjali Fest is one such event where we have direct connect with the masses. It is a platform to mould youngsters, to learn planning, time management, handling situations and be united as a team. 'Our Young Volunteers' article in this magazine highlights the experiences of our youth.

33rd year of the Fest saw super participation and high competitiveness in all the zones. It became all the more memorable as our parents shared their humble suggestions, experiences and joy with us.

'Health Awareness' project with 5 NMMC schools this year, though for a short period, was a great satisfaction. Children, be it from higher or lower strata are the same. Right exposure is what helps them grow. This got reaffirmed through this project.

We loved compiling this issue and hope you enjoy it too. Wishing you all a great year ahead and success in all your endeavours.

Maitri Khedekar

Parichay Mein Parichay Life Membership (10 Yrs.)

July'12 Vol. 21 No.3	Patil Tanuja
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April'19 Vol.28 No.2	Nathwani Bhavika
Jan'20 Vol.29 No.1	Damle Manasi / Sawant Balkrishna / Samjiskar Charushila / Mane Shweta

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CONTENT

Includes :

*Editorial Letter,
Governing Body,
PMP Membership List*

**Career in the field of
GEOGRAPHY**

15

ACCOLADES 1



FOOT PRINTS... 3

Nrityanjali News

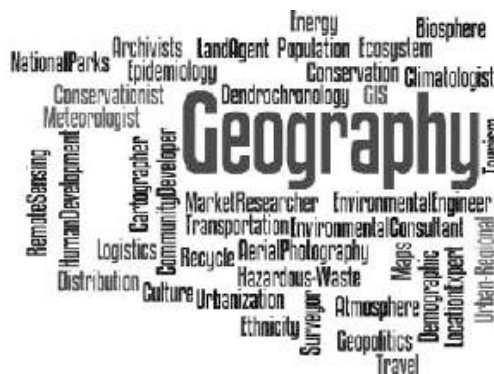


**Our Young
Volunteers 9**

Interview of first time young volunteers by
Mrs. Apoorva Shetty

Speak your Thoughts 13

expressed by Mr. Sarfaraz Gulam Hussain



Subject I fear the Most 17

Essays by Winners of Essay competition at
Nrityanjali Fest 2019



**Young
Entrepreneur 20**

*Insight into Mr. Birju Bhojani's
journey of struggle & success
mantra - Interviewed by
Mrs. Falak Trivedi*

Rhymes & Verses 24

ज़िंदा हूँ, खुश हूँ

-by Vishal Abani

सेल के लिए है भाई
सब सेल के लिए है

-by Avinash Kondekar

Food, Khana, Recipes 25

Did U Know 26

Jokes 27

Happy Birthdays 28

NRITYANJALI BOARD OF TRUSTEES w.e.f. 27.07. 2018

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ACCOLADES

Dear Editor,

Dance and the City programme at National Gallery of Modern Art - Mumbai, organised by Ministry of Culture - Govt. of India and Avid Learning was very good. Dr. Anonna Guha Madam, one of the Panelists was in her spirit to engage the audience with her experience and the innovations. When she compared how the dance art was looked at earlier and how it is accepted now, was wonderful. Such a proud moment for all of us.

Mrs. Revathi Sethuraman
Sr. Faculty, Nrityanjali Education Services

Dear Panelist Dr. Anonna Guha,

Thank you for a stellar panel discussion on **Dance and the City** programme at National Gallery of Modern Art - Mumbai on 16th October 2019. All your valuable insights resonated with the audience. Look forward to working with you again. Regards

Sahir and the entire AVID Team

Dear Dr. Anonna Guha,

It was indeed a pleasure for me to interact with you during the programme **Dynamics of Achievement**. You made the session very lively and interesting. Your way of imparting training in a very simple yet very effective way is what I like the best. Regards

Ms. Jessie Nogueira
jessie.nogueira@glenmarkpharma.com
Secretary - International Business
Glenmark Pharmaceuticals Ltd.

Dear Anonna Madam,

Thank you for inviting me as a judge for Nrityanjali Fest. Wonderful experience working with you and Nrityanjali Team. Thank you.

Ms. Sandhya Damle
Bharat Natyam Dancer
Judge at Nrityanjali Fest, Central Zone

Dear Dr. Anonna Guha Madam,

Thank you very much for the session on **Dynamics of Achievement**. It was awesome experience with you. I really appreciate your presentation. Regards

Ms. Sangita Shah
sangita.shah@glenmarkpharma.com
Co-Distribution,
Glenmark Pharmaceuticals Ltd.

Dear Madam,

I congratulate the whole Team Nrityanjali especially Tushar Sir for making me what I am today. I remember as kids, we waited to perform at Nrityanjali Fest Interschool Competitions.

Pavitra Krishna Bhat
Bharat Natyam Dancer

Hello Anonna Madam,

Thank you for offering us the tickets for NCPA 50th Year show. Great performances.

Ms. Kirti Shukla
Kathak & Bharat Natyam Student

Dear Madam,

Thank you Nrityanjali for giving us the chance to attend NCPA Show. We are really grateful for arranging everything for us - Bus, Food, Tickets - everything. Please convey the message to Sir.

Diksha Bhat
SPDC Alumni & Kathak, Modern dance student
HR Manager at SSA Business Solutions

Good Morning Madam,

Thank you for the scintillating performance of **Shakti** through music, dance and drama by Nrityanjali and the school children on the occasion of International Divyangjan Day. We look forward to a long association with you.

Nikesh Nekaljay
General Manager (L&D), Indian Oil Corpn

ACCOLADES

Dear Girish Sir,

Thank you Sir for being with us as our Chief Guest at Shiv Shikshan Sanstha's Secondary School Annual Day on 21st December 2019.

We appreciate your interest and gesture from the core of our heart. On behalf of my management and my team, a big Thank you to you.

Mrs. Sunita Pant

Principal - Shiv Sikhshan Sanstha's Secondary School, Sion

Dear Mr. Girish Dalvi,

We are grateful to Dr. Tushar Guha for sharing his valuable time with us and our students. Your lecture on **To Be Involved in Your Child's Life** On 21st September, 2019 was very informative, thought provoking and interesting. We expect similar co-operation from you in future. Thanking you,

Dr. Asha Menon (Principal)

Smt. S.T. Mehta Women s Jr. College of Arts & Commerce

Smt. S.C. Nanavati Women s Jr. College of Science

Dear Anonna Didi,

Thank you Didi and I am very happy to be a part of Nrityanjali Fest Inter School Competitions. It was a beautiful event. Congratulations to you, Tushar Dada and full Nrityanjali Team.

Mr. Ankur Ballal

Odissi Dancer

Judge- Nrityanjali Fest, Navi Mumbai Zone

Dear Mr. Girish Dalvi,

Thanks a million for coming to our School Annual Day function on 18th December 2019. I don't have words to express my feelings.

Mrs. Shamina Jaykar

Principal - St. Lawrence High School, Santacruz



LOOK OUT FOR:

SPECIAL PERSONALITY DEVELOPMENT COURSE (SPDC)

(Certificate Course) Level I
Also Followed by Level II & III

For: Youth, Students, Professionals, Parents, Senior Citizens, & Homemakers

*The Course material provided is the approved reference book by Government of Maharashtra on Personality Development **Perceptions of Personality in 1996***

Course Content:

Group Discussions, Presentation Skills, Communication Skills and Voice Culture, Group Dynamics and Human Relations, Counselling, Facing Interviews, Public Speaking, Grooming & Etiquette - International, Study of Emotions, Psychology and more

Trained over 4,50,000 Individuals

Programme Mentor: **Dr. Tushar Guha**
First doctorate in Personality Development, USA

Commences in: **22nd February 2020**

Interviews have begun. Selection only after an Interview.

Tel: 9987002658, 25967388

Email: nrityanjali1963@nrityanjali.org.in

FOOT PRINTS...

Nrityanjali News

Nrityanjali Management Services conducted the following management training programmes

- Two days training programme on **Communication and Perspective Development** was conducted for the students of **Film & Television Institute of India, Pune** by Dr. Anonna Guha and Mrs. Charushila Samjiskar on 24th & 25th October 2019.
- Two days training programme on **Train The Trainers** was conducted for the Officers of **Olon Active Pharmaceutical Ingredient India Pvt. Ltd. in Mahad** by Dr. Tushar Guha on 7th & 8th November 2019. The Co-Faculty members were Mrs. Charushila Samjiskar and Mrs. Sreekala Velambath.
- Three days training programme on **Leadership "Adventuring the Dynamics of A-I-R (Act, In-act, React)"** based on the elements of Performing Arts, was conducted for the Officers of **Larsen & Toubro Ltd. Powai** on 10th, 11th & 13th, December 2019. The Faculty members were Dr. Tushar Guha, Dr. Anonna Guha, Mr. Girish Dalvi and Mrs. Geeta Chandrasekaran.

Nrityanjali Education Services conducted the following programmes

Teachers Training

- On 26th November 2019, Mr. Girish Dalvi conducted 5 hour session on **Professional Quotient** for the Teachers of **Primary Section of Billabong High School, Thane**.
- Courtesy **Nrityanjali**.
- On 14th December 2019, Mrs. Vasanti Anand conducted 1 hour session on **Building Pathway for Innovation** for the Teachers of **Rizvi Springfield School, Khar** -
Courtesy **NiE**

Life Skills

- **Life Skill programmes were conducted at :**

Little Angel's School - Sion, Vivek Vidyalaya - Goregaon - Courtesy **Nrityanjali**

Rizvi Spring Field School - Khar - Courtesy **NiE**

Bai Abha Bai School - Courtesy **Hindustan Times**

FOOT PRINTS...

Nrityanjali News

Faculty Division

- **Akhil Bharatiya Gandharva Maha Vidyalaya Examinations were held :**
Written Examination was held on 17th November 2019
Practical Examinations were held on 21st, 29th, 30th November, 10th, 20th, 21st, 23rd December 2019.

A total of 263 students from Bharanatyam (134), Kathak (81), Music (Sangeet, Tabla, Harmonium - 48) appeared at the examinations.

•

HRD

- Special Personality Development Course Level 1 (**SPDC 1**) will be held from 22nd February 2020 to 29th March 2020
- Special Personality Development Course Level 2 (**SPDC 2**) will be held from 4th to 26th April 2020
- Special Personality Development Course Level 1 (**SPDC 1**) will be held from 14th May 2020 to 14th June 2020



LOOK OUT FOR:

Saraswati Puja

on **29th January 2020**
 at 6.30 P.M.
 at **Nrityanjali**, Opp. Little Apartments,
 Miniland, Nrityanjali Marg,
 Bhandup (West), Mumbai - 400078.

For confirmation of your presence,
 please call office at - 022-25967388
 or write to us at: nrityanjali1963@nrityanjali.org.in



GIRL CHILD Project for **RPG FOUNDATION** at Halol, Chakan, Thane & Vashi
This is the Third Year of celebrating the initiative by grooming girls for
brighter future, Health & Hygiene, Career Guidance and Financial Support





PERSONALITY DEVELOPMENT Workshops for 8th-9th-10th Std,
our CSR initiative, supported by **NOV INDIA PVT LTD**



SWACCHA BHARAT



SWACHHATA HI SEVA, taking Health and Hygiene initiatives forward, with the support of **BHARAT PETROLEUM CORPORATION LIMITED**. Door to Door Community Initiatives on Swachhata & Distribution of Cloth Bags & Hygiene Kits, Performing Street Plays to Create Awareness, Conducting Oral Hygiene & Health Workshops, Creating Sustainable Swachhata with Junior College Students, Promoting Swachhata as a Life Skill with School Students





SWACCHA BHARAT



Navi Mumbai Schools participate whole heartedly in Nriyanjali Fest

NAVI MUMBAI: The 33rd Nriyanjali Fest - Inter School Competition 2019, Navi Mumbai zone, was held recently at St. Lawrence High School, Vashi. Students from kindergarten to grade 10 from around 32 schools participated in more than 90 categories during events like Drawing, Handwriting, Essay, General Knowledge, Bharatanatyam, Kathak, Folk dance, Western group, Western solo, Hindustani vocal, Carnatic vocal, light solo vocal, Mono acting, Recitation, Story Telling, Elocution, Debate and others. Huge participation was observed from schools who believe in All Round Development. The entire day witnessed a huge flow of students,

enthusiastic parents and judges.

The event is organised since 1987 by Nriyanjali, an institution of performing arts, education, personality development and a registered public charitable trust. The Founder Chairman and spirit of Nriyanjali, Dr. Tushar Guha acknowledges and thanks all the schools for participating at the event. "Those who are winners should not forget that if only others did not lose, how the winner would enjoy the victory?" Each winner adds a point to the school and the Schools who win the maximum points stands out to be the Winner of Navi Mumbai zone.

Dr. (Mrs.) Snehal

Contd. on pg. 8

Navi Mumbai Schools...

Contd. from pg. 7

Pinto, Director of Ryan Group said, "Children are special and so they need to be nurtured. Healthy Opportunities and abundance of love is what will nurture them towards development. Participating in such events and in large variety of competitions allow this healthy development."

Socialite and Judge at Nriyanjali Fest, Mrs. Poonam Arora, said, "This is one event since two decades blossoming like a flower with every year. With increasing participation and involving parents, I love the energy spread across the event and the care taken by Nriyanjali." "The purpose of the event is to offer a platform for students to socialise, be creative, inculcate sportsmanship and a platform that appreciate every participant," said Mr. Girish Dalvi, Trustee of Nriyanjali

and Chief Administrator, Open Forum for Principals (OFFP).

Dr. Anonna Guha, Managing Director of Nriyanjali, said, "Nriyanjali Fest is a platform for children to break inhibitions, unfold their hidden talents and develop confidence, creativity and enhance overall growth. Every participating student is awarded with a Certificate of Appreciation acknowledging his/her spirit of participation in the events."

Principal Mr. Rajeev Kumar Gupta, Datta Meghe World Academy said, "Students from Kindergarten to Grade 5 were only handed over to their respective parents. This is our second year of participation. This year too, my team of teachers appreciated the handling of students by Nriyanjali volunteers that had warmth to our children were happy and comfortable."

Some of the high scoring schools include

- DAV Public School - Airoli, Datta Meghe World Academy - Airoli, St. Lawrence High School - Vashi, St. Augustine High School - Nerul, Delhi Public School - Nerul, Sadhu Vaswani International School - Sanpada, St. Mary's ICSE - Kumar Khairone - Apesjaya School - Nerul, New Horizon - Airoli and Swami Narayan International - Panvel. More than 1200 winners, out of 6000+ participants have won the prize at this event.

This year the winning schools will only be announced during the Prize Distribution Function. This special Prize Distribution for all participants will be held on 12th January 2020 at Ravindra Natya Mandir at 10.30 AM.

Nriyanjali artistes will first present a cultural evening celebrating the victory of all the participants, followed by the Prize Distribution function.

EducationTimes.com

The prize distribution for all participants will be organised on January 12, 2020 at Ravindra Natya Mandir, Dadar

An event to offer a platform for students to socialise and inculcate creativity and sportsmanship was organised recently in Mumbai. Around 100 categories of events such as drawing, colouring, handwriting, essay, general knowledge, bhairatanatyam, kathak, folk dance, western group dance, western solo dance, hindustani saengeet, carnatic saengeet, light solo vocal, monoacting, recitation, storytelling, elocution, debate among others were organised at the 33rd Nriyanjali Fest.

The fest is being organised since 1987 by Nriyanjali, an institution of performing arts, education, personality development and a registered public charitable trust. Students from kindergarten to class X from around 550 schools participated in the event that is organised zone wise in South Mumbai zone, Navi Mumbai zone, Central zone and Western zone. Schools with the maximum number of winners secure the highest point and lead the zone.

A prize distribution for all participants will be organised on January 12, 2020 at Ravindra Natya Mandir, Dadar.

Mumbai schools participate in 33rd Nriyanjali Fest

TNN | Posted on Thursday, December 19, 2019

The 33rd Nriyanjali Fest - Inter-School Competition 2019 was held in The Alexandra Girls' English Institution, Fort, St. Lawrence School, Vashi, Children's Academy, Kandivli, Shree Vidya Mandir, Nihar for around six days.

Some of the participating schools were Datta Meghe World Academy, The Alexandra Girls' English Institution, HVB Global Academy, Children's Academy, DAV Public School, St. Mary's Convent School, Model English School, Holy Angel's School, J J Academy, New Horizon Public School, New Horizon Scholar School, Gundecha Education Academy and many more.

"This is one event where each child is blossoming like a flower every year, with increasing participation and involvement of parents," said Eshaishi Kotwal, judge at Nriyanjali Fest. "Those who are winners should also remember that if others did not lose, how would the winner enjoy the victory?" said Tushar Guha, founder chairman of Nriyanjali.

"Nriyanjali Fest is a platform for children to break inhibitions, unfold their hidden talents and develop confidence, creativity and enhance overall growth. Every participating student is awarded with a certificate of appreciation acknowledging his/her spirit of participation in the events," said Anonna Guha, trustee and managing director of Nriyanjali.

The event was monitored by professionals, artists, college students, corporate executives and homemakers.

AGM COVERAGE

THE HINDU

Melange of dance forms

Bhanu Kumar

Friday, 20th August 2019
Mumbai, Friday Review

The 56th Foundation Day of Nriyanjali, spearheaded by Tushar Guha, was celebrated at the Mahakavi Kalidas Natya Mandir, Mulund. Over 600 students presented classical dance, folk forms, music and theatre.

The morning slot opened with the lighting of lamp and address by founder-chairman and directors, Hindustani segment incorporated sargams, bada khayal, chota khayal and patriotic songs. Bharatanatyam performance was based on the traditional repertoire.

'Buddham Sharanam Gachhami,' a dance drama directed by Tushar Guha was the highlight of the show. First staged in 1968, this was their 74th show. Three generations of the family — Tushar Guha, daughter Anonha Guha and grand-daughter Aditri Dutta performed in this production.

The faculty of Nriyanjali presented different styles of dance. 'Prakriti ke Saath', dance based on Rap music, addressed environmental issues.

The afternoon slot showcased performance by Kathak students. In her speech, Anonha Guha said "Nriyanjali will continue its social initiatives such as building toilets, planting trees, girl child education, counselling and grooming the youth."



Multi-genre presentations at the foundation day of Nriyanjali

STUDY TOUR COVERAGE

Study tour to Adelaide organised for students



The Ryan Group of School recently organised a student study tour to Bankisia Park International School, Adelaide, South Australia.

The Ryan Group of School recently organised a student study tour to Bankisia Park International School, Adelaide, South Australia.

The best school provided skill based knowledge and actual classroom experience throughout this two-week tour.

The tour was organised by Dr. Sushal Pinto, director of Ryan Group, chairman Dr. AF Patwardi, managing director Dr. Grace Pinto, Girish Dalvi, trustee and chief administrator of Open Forum for Private Education, India, and trustee of Nriyanjali Group, who also works with the Department of Education & Child Development (DECD), South Australia, was instrumental in organising this tour.

The tour included activities like all animation, interschool learning, home economics, book-

arranging painting and its origin, dynamics and physical education. The students of Bankisia Park school welcomed them and introduced them to their culture and history. This helped to have the perfect intermix of up group discussions.

Children learnt about various instruments like piano, violin, drums, organ, guitar and synthesizer during the music session.

Two days were planned for sightseeing in and around Adelaide. Students were taken to Flinders Hall, University of Adelaide, the Parliament house, Gorge wildlife sanctuary, Whispering Will and a chocolate factory.

Students also had a homestay experience with the Australian families, thereby getting acquainted with their culture, food and values.



AMITY

Key Note Address
By Mr. Girish Dalvi
At Amity University
For Heads
of Schools

NRITYANJALI FEST 2019

INTER SCHOOL COMPETITIONS GLIMPSES



TALK SHOW

L to R – Gauri Sharma Tripathi, Astaad Deboo, **Nrityanjali's MD Dr. Anonna Guha**, Ashley Lobo, Ashifa Sarkar Vasi, as Panelists for 'Dance & the City' at NGMA, Ministry of Culture & Avid Learning



Health Awareness programme with Learning Links Foundation for students of 5 NMCC schools in Airoli, Vashi, Sanpada & Mhape.

The programme highlight was the Rally and Street Play presentation by students in their neighbourhood.

LEARNING LINKS
FOUNDATION

FOOT PRINTS...

Nrityanjali News

Social Activities

- With the support of **RPG Foundation**, **Nrityanjali** conducted **Girl Child Development Programme at Hallol and Talegaon** on 12th November 2019. The Faculty members were Mrs. Sangita Sawant, Mrs. Maitri Khedekar and Mrs. Bhavika Nathwani.
- With the support of **NOV Ltd**, **Nrityanjali** is conducting **Life Skill Programmes** from September 2019 and will continue till March 2020. The schools are Janta Vidyalaya - Vikhroli, Mount Mary School - Bhandup, SS Vidyalaya - Malad, Keni Vidyalaya - Bhandup, L N High School - Bhandup, Nere High School - Panvel, Vihigar High School - Panvel, Vaze High School - Panvel, Saraswati English School - Bhandup, Saraswati Hindi School - Bhandup



- With the support of **Learning Links Foundation, India**, **Nrityanjali** conducted **Health Awareness Programme for Navi Mumbai Municipal Corporation (NMMC) Schools** from 10th to 20th December 2019 as follows :
 - NMMC School No.53 - Airoli
 - NMMC School No.41 - Mhape
 - Al Hasnat Urdu School - Sanpada
 - NMMC School No.18 - Sanpada
 - NMMC School No.34 - Vashi

The Session included Activities related to Health Awareness Poster making, Street Play and Rally. The Faculty members were Mrs. Sangita Sawant, Mrs. Maitri Khedekar, Mrs. Sreekala Velambath and Mrs. Bhavika Nathwani.

FOOT PRINTS... Nriyanjali News**NRITYANJALI FEST****(The Biggest Activity of Nriyanjali)**

• **The 33rd Nriyanjali Fest 2019 - Inter School Competitions** that commenced from the month of August 2019 culminated as follows :

102 Category of Events were conducted for students of Jr. KG to Std X.

Hand Writing Essay, Recitation, Story Telling, Elocution in 3 Languages, Drawing, Debate, Hindusthani, Carnatic Sangeet, Light Solo Vocal, Mono Acting, Bharat Natyam, Kathak, Kuchipudi, Folk Dance, Fancy Dress, General Knowledge, Western Dance Solo and Group

About 5 Lakhs students from 450 Schools participated.



Navi Mumbai Zone - on 24th November 2019 at St. Lawrence School, Vashi

South Mumbai Zone

- on 8th December 2019 at The Alexandra Girls' English Institution, Fort, Mumbai



Central Zone - on 23rd November 2019 at Tilak Vidyalaya, Dombivali and SVDD Rashtriya Shala, Ghatkopar.
On 1st December 2019 at Shivai Vidya Mandir, Nahur (E)

Western Zone - on 7th and 15th December 2019 at Children's Academy, Kandivali



The **Prize Distribution Function for all Zones** is being held at Ravindra Natya Mandir, Prabhadevi at 10.30 A.M. on Sunday 12th January 2020

FOOT PRINTS...

Programme Division

Nrityanjali News

Nrityanjali joined hands with **Indian Oil Corporation (IOC) Ltd** in celebrating the **International Day for the Differently Abled** on 4th December 2019.

Nrityanjali performing *Dance Drama - Shakti and a Dance of Hope*.

Students of **Rochiram Thadani School for the Hearing Handicapped** performed two skits

The programme was held in the premises of IOC at Bandra.



On the Occasion of Navratri Celebration **Nrityanjali Bharat Natyam** students performed in **Cosmos High School, Bhandup** on 29th September 2019.



LOOK OUT FOR:

Five Day Residential Camp at Igatpuri

Nrityanjali's Personality Development Summer Camp 2020

This Camp offers an environment that nurtures the personality of a child for a better tomorrow.

The nurturing is through Music, Dance, Dramatics, Games, Culture and Personal Attention

Age Group: 7 years to 17 years
 Fee is inclusive of travel, stay & food.
 For details please call office at - 022-25967388
 or write to us at: nrityanjali1963@nrityanjali.org.



FOOT PRINTS...

Nrityanjali News

Individual News

National Gallery of Modern Art - Mumbai, Ministry of Culture - Govt. of India and Avid Learning presented a Panel Discussion that explored the trajectories of Dance in Mumbai.

Dr. Anonna Guha was invited as a Panelist along with **Astad Deboo, Ashley Lobo and Ashifa Sarkar Vasi** on 16th October 2019 in Mumbai.

Mrs. Gauri Sharma Tripathi moderated the Discussion

On 5th December 2019, **Mr. Girish Dalvi** was invited as **Key Note Speaker at the Principals' Conclave organised by Amity University, Mumbai. His paper was on 'Sustainability Mantra for Quality Education'**

On 27th November 2019 **Dr. Tushar Guha** was the Chief Guest at the **Annual Function of Euro School, Airoli.** The programme was held at Kalidas Natya Mandir, Mulund (W)

Dr. Tushar Guha was the Chief Guest at the Annual Function of **Sheth Karamshi Kanji English School (CBSE), Mulund - managed by Sheth Motibhai Pachan Rashtriya Shala Trust** on 3rd December 2019 at Kalidas Natya Mandir, Mulund (W)

On 7th December 2019, **Dr. Anonna Guha** was invited as **Guest Speaker & Judge for Chhatrapati Shivaji Maharaj Vastu Sangrahalay, Mumbai Children's Arts Festival 2019 - The Music & Dance Evening.**

Dr. Tushar Guha and **Dr. Anonna Guha** were the Special Guests at the Annual Function of **New Horizon Scholar School (CBSE), Thane** on 8th December 2019

On 18th December 2019 **Mr. Girish Dalvi** was the Chief Guest at the Annual Function of **St. Lawrence High School, Santacruz.** The programme was held at Dinanath Mangeshkar Auditorium, Vile Parle (E)

Mrs. Charushila Samjiskar and Mrs. Falak Trivedi were invited as Judges for Dance Competition at Euro School, Airoli on 7th October 2019

Mr. Girish Dalvi was invited to Judge Duet Competition on 20th December and Group Dance Competition on 21st December 2019 by IIT, Bombay celebrating the fourth edition of the **Annual Cultural Meet**, an Inter IIT Cultural Championship.

Our Young Volunteers

Interview by **Mrs. Apoorva Shetty**

- Mrs. Apoorva Shetty, post graduate in Psychology, has completed her post graduate diploma in personality development under Dr. Tushar Guha. Today she is a part of the faculty team of Nrityanjali and conducts workshops and counselling. She is equally involved into other social activities of Nrityanjali organised for old homes, orphanages and jail inmates. She shares with us an interview she conducted of the young volunteers who offered their time by volunteering at Nrityanjali Fest - Inter School competitions. Nrityanjali Fest has completed 33 years and is an initiative of Nrityanjali to promote creativity, nurture talent and build confidence among children. This event is held across Mumbai, Navi Mumbai and Thane district. The details of Nrityanjali Fest are shared in the news section.



My association with Nrityanjali goes way back to my college days when I did my Special Personality Development Course (SPDC I). Later I got introduced to the different sections that Nrityanjali works in, Nrityanjali Fest interschool competitions being one of them. **Nrityanjali Fest started in 1987.**

My volunteering journey goes back to more than a decade. Nrityanjali Fest gave me an exposure of how events take place - the planning, the execution, coordinating the different competitions, setting up the place etc. It also helped me improve my Interpersonal skills - handling people of different age groups, presence of mind and coming up with quick solutions during emergencies and always have a smile. It has been a cherishing experience all through.

This year we had youngsters who volunteered for Nrityanjali FEST this time. Some are college students while others are working professionals. Each of them have volunteered for the first time though all of them have been associated with Nrityanjali's activities over the years in some way or the other. They are either students of Kathak class, Sunday class or Music class, or Nrityanjali's Personality Development Courses. It was wonderful interviewing these young and bright volunteers. I feel nostalgic while sharing their experiences as it takes me back to the days when I was new. Here are their expressions

and I do hope to have many more young volunteers next year:

1. Did you have any knowledge about Nrityanjali FEST interschool competitions before you became a volunteer?

Ankita Narkar (AN) I didnt know about this aspect of Nrityanjali as Nrityanjali is very diverse and big. I was given a brief idea of the Fest but it was huge in numbers, much more than what I had expected.

Pooja Narayan (PN) I got to know about the Fest from my kathak class friends, who had volunteered before. They told me how to go about it and what will be expected.

Sakshi Patil (SP) Nrityanjali is multidimensional with multiple activities going on and I was only attached to Nrityanjali dance and music classes. My sister who was invited as a Judge informed me about Fest.

Sejal Ghadi (SG) I was given a rough idea about the Fest by Dr. Anonna Guha. She did not tell me much in detail but just asked me to experience it for myself.

Dinesh Singh (DS) I have been a NCC cadet previously and thus have been part of organizing events. So I had an idea. But Nrityanjali Fest was much bigger than what I had expected.

Sachi Prasad (SP) I did not know much about the Fest though I have been with Nrityanjali Kathak class since my school days.

Shashank Dey (SD) I had participated in the Nrityanjali Fest as a young boy and even won prizes. Thus, I knew what the Fest was all about.

2. How was your experience on the very first day of volunteering?

AN- I was a little scared and stressed when I realized that I had to handle such huge numbers. But as the day proceeded, I was able to handle them well.

PN- I was excited as I love being with children. At times, I was a little confused as smaller children were difficult to handle. Yet things went on smoothly.

SP- Seniors gave us clear instructions on how to conduct the competitions. Thus, the events took place smoothly. I could handle all of my assigned classes quite well.

SG- The first day was quite overwhelming. I was bit tensed about how to handle the tasks. But my seniors and fellow volunteers guided me.

DS- First day was difficult as it was my first time. I realised that the Fest is not only about the students but also their parents and teachers who accompany them. I had a tough time tackling difficult parents.

SP- My first day was at the Central Zone, Ghatkopar. It was a Saturday and thus the events were much less compared to the other days that I volunteered. And I was mainly in the back office, writing certificates, coordinating with the seniors etc

SD As I had an idea of the Fest, the events took place as expected. Things went on very smoothly.

3. Can you share with us any Fun/ Interesting Moments, that you would remember always?

AN - Cherished Moment I had to handle a class of almost 60 Jr. Kg students with co-volunteers. All the students didn't know their

full names. But they very sweetly tried to pronounce it and that was very nice.

PN - Fun Moment Girish Sir gave me the opportunity to announce the results on the microphone which was very exciting.

SP- Interesting Moment I was handling the debate competition and as the debate was going on quite aggressively, I had to be alert.

SG - Fun Moment I felt the entire experience of the Fest was very exciting in itself.

DS - Fun Moment My behaviour with all the judges was very formal and my obedience to the core was quite evident. That is when one of the judges asked me to relax and calm down. He held out the door for me rather than me doing it which made the entire situation quite funny, yet emotional.

SP - Interesting /Fun Moment I was given the task of receiving the judges. However, I couldn't recognize many and later realized that they had by themselves come to the judges room. Instead of welcoming them at the gate, I welcomed many after they had settled down.

SD- Fun Moment During the debate competition, one boy got very aggressive with his stand that he suddenly stood up on the chair. All were pleasantly surprised by his sudden behaviour. It was quite unexpected.

4. How was your experience with the Seniors at Nrityanjali?

AN - It was a wonderful experience. All the seniors were very supportive. I learnt a lot of things including **event management**, how the duty sheets need to be made with a lot of precision, being **patient, calm and relaxed** to handle any situation.

PN - It was great. From the seniors I learnt how to be **spontaneous, quick and meticulous**. Also learnt the importance of Planning. Everything was so properly planned and arranged. **Time management** was also the key for effectiveness. The seniors were all

very **energetic**, quick on their toes. They were equally warm and gentle and extremely caring.

SP-The seniors were extremely helpful. I learnt how an entire event is planned and executed.

SG-The seniors were extremely patient and supported us even when we made mistakes. Anonna Maám briefed us about different competitions. She did scold us when we made mistakes but we knew there was a lot of care and concern behind those scolding. Girish Sir taught us that in any situation we need to remain calm so we could find solutions and always have a smile.

DS- I got to learn a lot from each Senior person. **Dr. Tushar Guha Sir**-Sir was very caring and hospitable towards each volunteer. He himself was serving us lunch and I learnt how a big person can be so simple and rooted.

Dr. Anonna Guha Maám- She was extremely caring. In spite of how busy she was, she always ensured if each and every volunteer had eaten their lunch or snack.

Girish Sir-He showed me how we could introduce judges in an interesting way so that even the younger participants find it interesting and at least remember the judge's name.

Maitri Maám and Sangita Maám- I learnt how to handle the parents communicate with them and how to ensure if things are in place before any event starts.

SP - I learnt how to be spontaneous and being constantly on one's toes.

SD- I learnt from the Seniors how to manage the various events. Also learnt how we could be **better communicators** especially while communicating with students or parents.

5. Kindly share with us the lessons you learnt from your experience? Would you like to volunteer again for Nrityanjali FEST?

AN - I have gained Confidence and learnt Public Speaking

Event Management - What goes behind successful planning and executing events

These skills will surely help me in the future and most certainly I would like to volunteer for Nrityanjali FEST again.

PN - This Fest journey taught me - Alertness, Time Management, Team Work and Interactive Skills.

As I would be pursuing my career in the travel and tourism industry, these skills will definitely help me excel professionally and I hope to be back in the Fest again.

SP - The learnings are:-

1. I have become more confident and motivated to now participate in my college's Student Council Events.
2. Developed Public Speaking Skills and now I'm not afraid to speak in front of a crowd. It will be good to be back with Fest again.

SG - Different skills have been developed and I would like to continue with Fest therefore.

· Positive Attitude, Management Skills, Public Speaking Skills

DS - Throughout this Fest journey, the lessons learnt were:-

1. Presence of mind and make quick decisions
 2. Planning and Executing an Event
 3. Handling Large Crowds
 4. Communication Skills and
 5. Listen, Understand and Give right Instructions
- The lessons will help me in my profession as a Software Product Manager, so I would like to continue to volunteer.

SP- The learnings are:-

1. My Stage fear has reduced.
 2. Event Management Skills (from writing duty sheets to executing them)
- It will be good to be back with Fest again.

SD -

1. Communicating well, especially with very young children and Handling People
2. Gave me the opportunity to travel across Mumbai that I have never been to before. So Yes, I definitely would like to be back at Fest.

Our Young Volunteers



Ankita Narkar (AN) has done her Masters in Biochemistry from Sommaiya College, is a student of Kathak and also undergoing training in different dance forms and drama, at Nrityanjali.



Pooja Narayan (PN) is pursuing her graduating in Travel and Tourism from Kelkar College, Mulund. She is a Kathak student.



Sakshi Patil (SP) is pursuing her degree in Architecture from Lokmanya Tilak College, Kopar Khairane. She is training in Kathak and Singing, at Nrityanyali



Shashank Dey (SD) is studying in FYJC Commerce from HR College, Churchgate and has been attending Nrityanjali's Personality Development Summer Camp for several years now.



Sejal Ghadi (SG) is in her 1st year Commerce degree from Menon College, Bhandup. She is a Kathak and Sunday Class student and is being trained for different dance forms and drama.



Dinesh Singh (DS) is a Junior Software Product Manager in Avhan Technology. He is a good dancer and student of Bharatanatyam, Singing and Sunday Class.



Sachi Prasad (SP) is studying in FYJC Commerce from Poddar College, Matunga. She is training in Kathak and Sunday Class and undergoing training in different dance forms and drama.



Parents at
St. Lawrence High School,
Vashi (Navi Mumbai Zone)

Speak Your Thoughts...

At Nrityanjali, We Groom Thoughts.

The Pages of **Speak Your Thoughts** are for **All Nrityanjali-ites** - thoughts that are positive, encouraging, controversial, different, constructive.

'Speak your Thoughts' shares its first article by Mr. Sarfaraz Hussain, alumni of SPDC, who retraces his journey of SPDC and its experiences.

Sarfaraz Gulam Hussain Speaks...

Introduction to Special Personality Development Course Level - 1 (SPDC) How was the need (to attend spdc) identified?

I was part of a one-day programme conducted by Dr. Anonna Guha of Nrityanjali on personality development. The program was meant to give an overview on the importance of personality development especially in a corporate environment.

This programme gave me a glimpse of the potential impact it could have on me both on a personal and professional level if I were to attend a more detailed programme under the guidance and mentoring of the Nrityanjali expertise. This realisation compelled me to join the programme. The very purpose of doing the SPDC course was to enhance my personality, learn and hone my communication, mentoring, coaching, counselling skills by which I can not only enhance my personal life but also add value to others' lives as well which is the ultimate reason for me to be on this planet.

So, the need to develop my own personality and also help others develop their own made me join this course and I got more than what I had expected for the programme.

Key learnings and takeaways from the sessions

SPDC aims at developing one's personality which is a combination of our mind (thought process, confidence, knowledge, love, compassion etc), our body (the way we,

dress, stand sit etc) and our communication skills (the way we talk, walk, touch, smile)

So, the idea is to enhance all the above aspects to become best of ourselves and reach our true potential. This realisation was one of the biggest learning for me and my fellow batch mates. The key take away from this is to first Know-thy-self and then work your way to become what you are capable of and reach your true potential.

While most of the personality development programmes focus only on developing the individual personality from the outside, Nrityanjali's programme focuses not only on the external but also the internal development of the individual. This ensures that the individuals personality is developed in every aspect and not just superficially.

The tools and techniques that the experts teach you in this course help you to bridge the gap between where you are and where you can be. Some of the other learnings include self-grooming - logically and emotionally, the etiquette and mannerisms for every occasion, mentoring skills, public speaking skills, observation skills, listening skills and many many more.

Faculty and interaction

The pre-requisite for being part of the SPDC programme is to meet with Dr. Tushar Guha who will interview you and to learn about the individual.

This first meeting itself will give you the confidence that you are in safe hands and from here-on your personality and you as a person

will only get better. You will start looking forward to the amazing journey that lies ahead when you become a part of SPDC and the Nrityanjali family.

Interaction with other faculty members - Dr.Anonna Guha Madam, Grirish Dalvi Sir, Geeta Chandrasekaran Ma'am, Sangita Sawant Ma'am were unique. Despite their talents and experience the faculty members are so down to earth, open for discussion and approachable that helps you clear all your doubts no matter what. Their delivery methods are unique and highly effective. Each faculty member had his/her own style, yet reflected a commonness that can only be experienced. Hence the learnings have left an everlasting impression on all of us.

Utility of the SPDC learning and takeaway in corporate life

The SPDC programme has changed my life for good. It has been one of the best decisions that I have ever made. The people around me and my loved ones can see the changes in me.

The programme has greatly enhanced my professional life too. I am a sales professional so I am dealing with new people every day at various levels.

Because of the SPDC programme I am more confident now while dealing and interacting with people. Through the programme I am aware of the various personality types and why people do what they do, connecting with people and building a rapport with them is much easier now. I feel more confident under my skin so it has positively affected my performance. The good work that the faculty members have done on me is that, today I am able to positively influence people I meet, with ease.

I have got several compliments about the way I dress, walk, talk and also my etiquette, all thanks to the SPDC programme. I am able to lead my team better now and our

performance has substantially increased as a team. I am also able to control my emotions well, so office stress or work pressure or sales targets don't worry me much as I am able to think through any situation without much difficulty. This is mainly due to meditation and self-awareness that puts me ahead in every situation.

I am now also able to counsel and mentor people well after completing **SPDC Level 2**. Earlier I had no understanding of any tools and methods by which I could make people feel great about themselves or to even get to open up and share their pain. Now I am able to help them better, guide/mentor them better and influence them in a positive way.

Overall the SPDC programme had a gigantic influence over me and am so happy and proud to be part of the SPDC and Nrityanjali family. The team at Nrityanjali relentlessly works towards the betterment of mankind and I am glad that as a volunteer now I am also a part of this grand vision of making the world a better place. My belief in this institution and the SPDC programme is so unshakeable that so far I have encouraged my wife, many of my friends and colleagues to attend the SPDC and they have also seen great results.



Mr. Sarfaraz Gulam Hussain

MBA (Marketing)
Head - Business Development,
Asia Pacific of S.S.A.
Business Solutions Pvt. Ltd.

CAREER IN THE FIELD OF GEOGRAPHY

Contributed by - Editorial Team

While a common question of those who are studying geography is, What are you going to do with a degree in geography, there are actually many options and potential careers for geography majors. Geography is a major that teaches students a wide-range of useful skills for the marketplace. Employers value the wide-ranging computer, research, and analytical skills that geography students bring to work as employees. While job-hunting, it's important to stress these skills you've gained during college.

While there aren't many job titles that are geographer, there are many types of positions that fit well with a degree in geography. Think about some of the options below as you begin your job search.

Be sure to intern in any area of interest to get your foot in the door and gain valuable on-the-job experience. Your resume will be much more impressive if you have real world experience in the areas you're applying for.

Urban Planner/Community Development - Geography is a natural tie-in with urban or city planning. City planners work on zoning, land use, and new developments, from a gas station renovation to the development of whole new sections of urban area. You'll work with individual property owners, developers, and other officials. If you're interested in this area, be sure to take urban geography and urban planning classes. An internship with a city planning agency is essential experience for this type of work.

Cartographer - Those with cartography course backgrounds may enjoy work as a cartographer. The news media, book publishers, atlas publishers, government agencies and others are looking for cartographers to help produce maps. This would likely require relocation.

GIS Specialist - City governments, county agencies, and other government agencies and private groups are often in need of experienced GIS professionals. Coursework and internships in GIS are especially important. Computer programming or engineering skills are very helpful in this arena - the more about computers and languages you know, the better off you are.

Climatologist - Agencies like the National Weather Service, news media, the Weather Channel, and other government entities occasionally need climatologist. Admittedly, these jobs usually go to those with meteorology degrees, a geographer with experience and vast coursework in meteorology and climatology would definitely be an asset.

Transportation management - Like urban and city planning, there are opportunities in local government but regional transit authorities or shipping, logistics, and transportation companies look kindly to someone with transportation geography in their background and good computer and analytical skills.

Environmental Management - A plethora of environmental assessment, cleanup, and management companies exist throughout the world today. A geographer brings excellent skills for project management and the development of reports like environmental impact reports. It's often a wide-open field with tremendous growth opportunities.

Writer/Researcher - Undoubtedly during your college years you've spent time developing your writing skills and certainly as geography major you know how to research! How about a career as a writer - you could be a science writer or a travel writer for a magazine or newspaper. The About.com [Freelance Writing](#) site provides information to get started.

Emergency Management - Emergency management is an under-explored field for geographers. Geography majors make great emergency managers. They understand the interactions between humans and the

environment, know about hazards and earth processes, and can understand maps. Add in a bit of political acumen and leadership skills and you have a great emergency manager. Get started in this field by taking hazard courses in geography, geology, and sociology and intern with a local emergency management agency or the Red Cross.

Read related article about [geographers in emergency management](#).

Demographer - For the population geographer who loves demographic data, what can be more rewarding than becoming a demographer and working for state or federal agencies to help develop population estimates and present data? The U.S. Census Bureau is one of the few entities that actually has a position titled Geographer . Interning in a local planning agency will help in this area.

Marketing - Along a similar vein of demography, marketing is a good career for those interested in taking demographic information and getting the word out to those who match the demographics you're searching for. This is one of the more glamorous arenas a geographer can get involved in.

Librarian/Information Scientist - Your research skills as a geographer apply particularly well to work as a librarian. If you want to help people navigate the world of information, this is a potential career for you.

National Park Service Ranger - Are you a physical geographer who needs to be outside and couldn't even consider working in an office? Perhaps a career in the National Park Service is right up your alley?

Real Estate Appraisal - Real estate appraisers develop an opinion of value for a specific piece of property. The work involves research into appropriate market areas, the assemblage of pertinent data, and the use of various analytical techniques to provide an opinion that reflects all pertinent market evidence. This multidisciplinary field incorporates aspects from geography,

economics, finance, environmental planning, and law. A solid foundation in geography is essential to a real estate appraisers success and typical appraisal tools include aerial photos, topographic maps, GIS, and GPS.

Importance of Geography:

Geography studies the earth in relation to mankind. Man's life is mostly shaped by the environment in which he lives and Geography studies the relation between the earth and man.

According to Macnee, Geography is the study of earth as the home or in other words, Geography is the study of environment of man, physical and social, particularly with relation to human activities. Geography has been derived from the words, geo and graphy. Geo means earth and graphy means study or description.

So, Geography means description of earth. Geography studies all the three aspects of earth, viz. lithosphere, hydrosphere and atmosphere. Geography is related to other social sciences and we can study them better with a background of Geography. Geography is related to economic progress. Geographical factors influence agriculture, industry, trade, commerce and other aspects of economic development. Knowledge of Geography is essential for business, trade, commerce, agriculture, industry, navigation, military operation, and spacecraft and even for balancing and administration.

Thus, Geography influences the economic, social and cultural life of a nation. Knowledge of Geography is essential for successful living. Because of its practicable intellectual, cultural and economic value, Geography has assumed a unique place in the school curriculum.

Objectives of Teaching Geography:

(1) To acquaint the pupils with the living conditions of humans in different parts of the globe.

continued on pg. 19...

Subject I Fear the Most

Contributed by - Nrityanjali Fest Team

To think and express your thoughts on paper within 30 minutes is a huge task. And when the topic is so challenging, the task is further frightening. However, some of our competitors could beat the challenge and express it so well that we could not resist but publish a couple of them in our magazine.

We are very sure that reading it will bring back the memories and the fears we had when we were in school. So happy reading :)

Aleena Iraqui (Std. X)

The Alexandra Girls' English Institution, Fort

Education: the most important part of an evolved being, consists of various subjects that need to be comprehended, understood and applied. Every human however has a different outlook towards each subject. This is because some might have a highly developed left hemisphere of their brain, while the others might have a highly developed right hemisphere of their brain. As for me, the subject I fear the most is none other than the demon algebra.

Initially when we had simple arithmetics in our lower classes I had a good opinion about mathematics. It was just a matter of addition, subtraction, multiplication and division. However, as time passed by in the thin air mathematics got divided into two categories- algebra and geometry. Geometry is pretty easy for me but algebra. I just cannot eliminate the X and Y valuables. Mathematics was fun, until the alphabets came into picture.

I just dont get the fact why finding the arithmetic progression or geometric progression is necessary if you want to guess whether india is going to do batting first or Australia. You probably would not sit to find out probability. When do we ever find out mean, median or mode in our practical lives? Why will someone ever ask you to find the ages of two different people using simultaneous equations?



Whoever has given birth to this profane subject of algebra is surely going to perish in hell. On top of every possible misery, our algebra teachers will never have mercy on us. In fact, in their dictionary the word mercy does not exist.

I, the hater of algebra long for an angel, who will either eradicate algebra or make it easy. Will you pray with me for the same?

Awwale Sajid Wadekar (Std. VIII)

St.Mary's School (SSC), Mazgaon

Everybody has a fear. But what is fear? Fear by science is the emotion in which one suspects failure or negativity thus the subject in which we suspect to fail or get bad marks in, is the subject we fear.

The subject I fear the most is Marathi. I get the least marks in this subject, also I mix a lot of Hindi words in Marathi, making many spelling mistakes. Every time I try to get A+ grade in Marathi, but end up with A or B+. Because Marathi words are hard to learn I complete the Marathi paper very late. So what is the solution?

We know that only positivity can drive out negativity, similarly, instead of expecting failure in the subject we fear, we show and expect success in it.

Also instead of calling a subject as Most feared we can call it as least favorite. We can ask others for help. I have started doing Marathi assignments by talking with people for a while

about them and then doing them alone in a quiet room with complete optimism.

I hope that next time you are seeing the results of your most feared subject, your teeth will be completely stable with a smile on your face.

Aarushi Morakhia (Std. X)

The Modern School, Sickanagar

Whoosh! Whoosh! I am a devil Please . Please don't eat me up spare me I pleaded with my hands joined Oh! I will subtract all the brain cells of your body and multiply your pain by dividing you into a thousand square roots the ghost in front of me smirked.

I screamed a very piercing shout. I looked around in the surrounding and was astonished to see my bed and my room. Oh! It was a dream but a very scary nightmare.

Yes, you guessed it correct. My fear is none other but mathematics subject. First, let me tell you that all, the mathematicians are hated by me, and what is the root cause of the grudge that I have for this devil subject is its origin.

I have never been a great fan of addition and subtraction since grade I. On the contrary my father is an accountant and my mother is a banker. Can you imagine the daughter of the two math- lovers would hate the so called adorable subject so much. It has always been quite a humour in our family.

Well , in std X, where you have two divisions of math- algebra and geometry, it feels like my heart just explodes into two pieces. The sum, the proofs, the logical challenging questions and the

biggest headache of all the graphical questions are not at all my cup of tea.

I never was a very good one in drawing so I always procrastinate while making pie diagrams, graphs and other diagrammatic representations. If you ever come across my graphs you would see everything except the X axis and the Y axis. The pie diagrams would be like cartoons and spare me God because never would I even glance at the logical challenging questions.

One thing I have learnt from this cruel subject is, your thinking capability is never ending but my mind automatically freezes and my heart starts thumping 1000 times faster than its normal rate just when my teacher passes me the question paper.

It is as if I forgot how to write by just looking at the first question. I crack my brain hard to remember if I had done this sum earlier but my brain just dozes off to a goodnight sleep and shuts down.

Trust me if you want to know really how I feel about that subject, I feel like murdering the person who invented the subject. How can you even invent a subject which takes out the poor lives of hundreds of students like me?

One thing I want to beg to all the people out there, please atleast spare those lifeless bodies of ours from this cruel and never sparing, excruciating, endless pain. Honestly, I don't even know what to expect from my boards result but believe me, I am doing all that I can to try gain good marks.

In the end I would say let us all establish squad of anti - math organization. If anyone here does, I



feel highly obliged to be its president and eradicate the evil wrath of this subject. And mathematics, I would like to say to you, come on now move on. Try moving on rather than finding your own 'X' & 'Y'.

- from a very poor and helpless student who wishes to hit the head with the same mathematics.

Name:- Surekha Patel , Std- VIII
The Modern School, Sikanagar

भीती म्हणजे भय. ती कोणाची ही होऊ शकते. कोणाला प्राण्यांची भीती वाटते, तर कोणाला पक्ष्यांची, कोणाला उंचाईची तर कोणाला घाईची. सगळ्यांना कोणाचीनाकोणाची भीती असते. कोणीही असे मोठे शूरीर नसते. मी पण खूप सगळ्या गोष्टींना घाबरते आणि तुम्ही पण घाबरत आसात. आपल्याला एखाद्या गोष्टीची जेव्हा भीत असते तेव्हा आपण त्या गोष्टी पासून दूरच राहतो.

मला कुत्रा, मांजर, वाघ, सिंह ह्या प्राण्यांची, कावळा, गिधाड अश्या पक्ष्यांची, उंचाईची व घाईची, अंधाराची अश्या किती तरी गोष्टींची भीती आहे. माझे आई- वडील मला खूप धैर्य देतात पण तरीही माझी भीती जातच नाही. मला शाळेत ही सगळे "घाबरत"असे बोलतात. पण ह्या सगळ्यांतून मला अंधाराची सर्वात जास्त भीती वाटते. हे तर माझ्या परिसरात राहणारे सर्व लोक जाणतात. मी माझ्या शाळेत, घरात , व मोठल्यात सर्वात जास्त घाबरत मुलगी आहे.

जेव्हा लाईट नसते तेव्हा मी माझ्या आईला पटकन पकडते आणि लाईट येईपर्यंत सोडतच नाही. एकदा आमच्या शाळेचा कॅम्प गेला होता. तेव्हा मी आई - वडिलांसमोर दृष्ट धरला होता की मला त्या कॅम्प ला जायचं आहे. माझा दृष्ट असल्यामुळे माझ्या आईने मला पाठवलं. तिथे गेल्यावर माझे सगळ्यांनी खूप लाड केले. मग नंतर आम्ही जेव्हा रूममध्ये झोपायला गेलो तेव्हा मला माझ्या मैत्रिणींनी खूप घाबरवले म्हणून मला खूप भीती वाटत होती. सगळ्यांनी लाईट्स ऑफ केल्या आणि सगळे भुतांच्या गोष्टी करू लागले. मी खूप घाबरली आणि धावून माझ्या शिक्षकांकडे गेली. त्यांनी मला खूप समजावलं.मला आता माहित झालं की भीत फक्त आपल्या मनाची निर्मिती असते. आपल्याला शूर बनायला हवं.

त्यानंतर माझ्यामध्ये इतका बदलाव झाला की, मी आता कोणालाही घाबरत नाही. मला आता कोणी डरपोक ही म्हणत नाही. मी आता धाडसी बनली आहे. आपल्याला कधीही कोणत्याही गोष्टीपासून घाबरायला नको.

"घाबरू नका , शूर बना, बना धाडसी , तुमच्यात हवं साहस"

continued from pg. 16...

- (2) To enable the pupils to acquire a knowledge of natural resources.
- (3) To develop in pupils an understanding of how environment and climatic factors have influenced our life.
- (4) To help the pupils to acquire knowledge of their physical and social environment and thus to broaden their outlook.
- (5) To develop in them an understanding of basic concepts, principles and theories relating to geographical phenomena.
- (6) To train the pupils in nature study.
- (7) To develop the power of thinking, reasoning, memory and power of imagination of pupils.
- (8) To develop their ability to draw conclusions and to generalize.
- (9) To develop a love for nation and to develop cosmopolitan and international outlook.
- (10) To develop the creative talents of pupils and to develop an attitude of discovery in them.
- (11) To develop the skills of reading maps and globes, to develop drawing and measuring skills, and to develop the skill of using and manipulating geographical instruments.
- (12) To enable the pupils to appreciate the natural beauty and other physical forces.
- (13) To help the pupils to acquire economic efficiency and lead a successful life.
- (14) To adjust human life in accordance with geographical circumstances.
- (15) To develop scientific attitude and to develop the ability to draw valid conclusions and independent thinking.

In fact, Geography today is a combination of art and science. It's scope and study is broad and comprehensive. Geography has well established itself as a science.

Young Entrepreneur

Introducing a New Column - Young Entrepreneurs - in this 29th year of PMP - Volume 29, No.1 Issue

Mrs. Falak Trivedi (F.T.) - a Wealth Consultant and a senior member of Nriyanjali Group chats with Mr. Birju Bhojani - a Young Entrepreneur



It's a November evening, and after much juggling about with the dates, here I am at the Nriyanjali office, eagerly, anxiously awaiting the arrival of our interviewee. A young entrepreneur, partner at B.N.V. Agriirrigation Co., Mr. Birju Bhojani (B.B.).

Amidst the usual busy evenings of the Nriyanjali office, as our youth from the performing arts wind up their rehearsals, Mr. Bhojani makes his way through the hustle into the office. A young gentleman with pleasant mannerisms and crisp, no fuss dressing, his humility almost seems palpable. As he settles in the chair he immediately quips, "Why is this needed?" "It is because inspirational stories of businesses, business owners need to be told. That is what helps our youth dream, hope and set goals. So shall we begin?", I ask. "Go ahead," he says.

F.T.: So tell me something about the business?

B.B.: B.N.V. Agriirrigation Co. was started way back in 1988. This business is about making textiles that go into agriculture. They are broadly classified as agricultural textiles. Currently we have 2 units one is in Navi Mumbai, Mahape and the second is in Bhiwandi.

F.T.: So what is the nature of the textiles?

B.B.: They are basically used for covering of the crops. You must have seen the green nets, they are known as shade nets. So what happens is that there is a lot of heat and sunlight in our country. Our crops need certain amount of light for proper growth. It's like creating a household for the crops. Specially

vegetable crops and nursery plants. It creates the environment for plants.

F.T.: How did you end up in the family business?

B.B.: So basically my father started with this in 1988 and set up a unit at New Bombay. I completed my production engineering after which I did a 6 month stint at Mazgaon docks. Immediately after that I joined my father's business and we were just used to making the shade nets. But there are other fabrics as well that go into agriculture.

F.T.: Tell me more about the products.

B.B.: Shade nets are used to cover the top but there are other nets also for the side to prevent pest attacks. Those are basically like the insect nets, the ones we use at our home, but for plants. So these are used for the protection of the plant. They are mostly used for vegetable seeds which have to have protection from the sides. It's a physical barrier that will prevent pest, virus attacks, insects like white flies, etc.

So this is the second line of business, the third is a little more exciting. We are distributors for an Austrian company for fabrics that go into canopy making. The kinds you see at the airports.

F.T. What does your client profile look like?

B.B.: It's varied. It started with farmers, then nurseries and subsequently seed companies. The world's biggest seed company, Monsanto (now taken over by Bayer crop), they're one of our major clients. They have to use these nets for the vegetable seeds like capsicum, melon, etc.

F.T. Was it a natural choice to get into the family business or the interest developed subsequently?

B.B.: Actually I never wanted to be in this business. I'm an accidental businessman. I always wanted to be in the corporate world. But in hindsight I'm happy I came into this business by default because I feel that I'm manufacturing real products, a solution for someone and it makes a difference to someone's life. It's very gratifying. I would've made the same amount of money even in the corporate but creating something is much fun so that way I'm thankful for this business. As a small scale entrepreneur it is difficult to get quality people who have the same kind of passion.

F.T.: Did you have the judgment or stigma associated with family business that it came to you too easy? Usually friends or relatives think that.

B.B.: I never had that actually because it was never a great business to begin with. Now we're doing well but it's a small scale enterprise. We do have some good projects lined up as I mentioned, we have diversified a bit. One of the streams is architectural fabrics as I mentioned and were doing pretty good in that. I have a platform and a foundation I want to build upon now.

F.T.: What is the value added that you brought to the table, once you joined the business? Your style of functioning must be different from your father's.

B.B.: My father always worked on instincts, but I feel being an engineer I analyze things more, I'm a little more organized. A little more disciplined.

F.T.: How does the external environment, the economic policies affect your business. What is the business trend dependent upon?

B.B.: It is a seasonal business, as each of the products has their own season. For example we have a product called anti hail nets, if you've ever been to Shimla after Diwali you'll see them. Himachal is the second

largest state producing apples, first is Kashmir. When they grow apples in the cold climate, hilly regions, there is a chance of hailstorm which destroys the crop as well as the leaf cover. If the cover is destroyed, not only the crop this year but also for the subsequent couple of years will suffer. So anti hail nets are very important.

F.T.: So there's also this satisfaction of contributing to the bigger picture being in this business.

B.B.: That's true, Had I been in the corporate world I'd be making some reports, making someone's life easier maybe in reading some data. But here the products I'm making, it's actually making a difference and I'm happy about that.

F.T.: Did you gradually get passionate about the business, or once in a while it's a battle with bottom-line, cost cutting and monetary gains become the priority?

B.B.: So money is definitely important and one needs to make a certain amount of money to live a certain lifestyle. But money is such a funny thing, that you'll not make money if you set out to make money. To make real money you need to be really good with your work. For instance, if I need to get orders from my customers, I can sell my nets by requesting them to buy and say it's a good product which we term as push marketing. Or you can make the product so fantastic at such a great price that the customers seek you out. I've learnt this the hard way.

F.T.: In a business when your own money is invested, there sometimes is a dilemma that should you concentrate on quality or maybe cut corners to rake in a little more margin. How do you deal with this?

B.B.: I have actually learnt this from my father, and also from a customer's feedback. As I told you that we have a small scale enterprise. But we are still competing against some of the giants in our sector, which are thousand times bigger than us. Our competitors are listed on the Bombay stock exchange. One of our



**Weaving Machine for
Fabric Making**



Inside View:

A Polyhouse with
Shade Net on Top

Parking Structure:

Made from Imported German
PVDF coated Fabrics



Anti Hail Nets:

Protection of
Apples from
Hailstorm

competitors is a 5000cr company, and our products are compared with them. So there's a feeling of victory somewhere and it has been possible because we never cut corners. That's how a brand value is built. Either you build brand by advertising a lot or having an active sales force of 40 to 50 people. But I have a sales team of hardly 2 people so I cannot compete with them. So my game is to make a product so good and at such a rate that the customer will feel the difference. That's how I'm surviving in the market for the last 15-20 years.

F.T.: What would you say is your expansion plan?

B.B.: I believe, in life, that every 5 years a person has to change, has to reinvent because you are growing, your experiences are constantly changing. Had you called me for this interview 5 years ago, I would've probably been hesitant but I've read somewhere, that never say no.

FT.: So it's a family business you father, you and your brother all three are a part of it. So does it ever happen that professional disagreements arise and there are tensions? How do you deal with it?

B.B.: All the time. But we have an unwritten law never discuss business matters at home and never discuss personal life at work. So

it's like Mahabharata that you fight from morning till evening but as the sun goes down, you lay your weapons. It also makes it easier since we have clearly demarcated areas in the business.

F.T.: What would be your advice to the younger generation or the students who are at the brink of their careers, choosing between entrepreneurship and a corporate job? Because in today's times, we are spoilt for choice and there are multiple opportunities. As good as it may be it is also mighty confusing.

B.B.: Follow your passion! That's my advice. Even for my child I have that stance; I don't give priority to marks and academics as much. Even if you earn lesser than your corporate friends, maybe have a smaller car or something, you'll be happier. Job satisfaction is much more important in the long run. It's not true anymore that only if you make a certain amount of money or you're in a certain profession you're considered successful. I believe India is also changing and one of the advantages of the rapid changes is that people's mindsets have also changed.

F.T.: What's your take on work life balance?

B.B.: The best way to put it is that when a sportsman prepares for his training, rest is as much a part of his training as working out. You need to take the time out to recharge your batteries especially in my case. I need to come up with ideas. If my mind is not relaxed, that is not possible. You have to learn how to switch off and also have some physical activity, maybe get in to some kind of sport.



R to L:

Mr. Birju Bhojani,
Mrs. Gayatri B. Bhojani &
Master Hriday B. Bhojani

Rhymes & Verses

ज़िंदा हूँ, खुश हूँ

ज़िन्दगी में शुरू से कई सारे सपने थे,
कुछ मेरे, कुछ दूसरों के जिन्हे पूरे मुझे करने थे,
उम्मीद पूरी थी कि जो सोचा है, जो चाहता हूँ, वह तो
मिलेगा ही!
पर कभी कभी हमें सब नहीं मिलता,
क्यों नहीं मिलता, यह सोच सोच के बेचैन हो जाता,
और फिर खयाल आया कि मुझे ही सब मिलना क्यों ज़रूरी
है
जो मुझे नहीं मिला, शायद किसी और को मिला हो,
जो मुझे मिला, वह शायद किसी और को ना मिला हो,
तो जितना भी है, उसी में खुश हूँ

Written by Vishal Abani

A student of Department of Art Direction &
Production Design at Film and Television Institute
of India [(FTII), Pune, Vishal was a participant in
Nriyjanjali's Management Development
Programme at FTII, Pune

सेल के लिए है भाई सब सेल के लिए है

कभी दिल के दिल्ली में रहते हैं,
कभी 'B' से Bombay में रहते हैं,
कभी मनो को मिलाने में लगे हैं,
कभी ट्रेन और बस के लाइन में वेटिंग में खड़े हैं,
यह सब किसके लिए दोस्त
सेल के लिए है भाई सब सेल के लिए है
मंथ एन्ड खत्म होते ही कभी मूवही देखने निकलते हैं
कभी चेहरे पर थोड़ी मासूमि भी रहती है,
एक बार ठान लेते हैं, तो उसे पूरी ही करते हैं,
एग्री वैन पंचर हो जाये तो शेअर ऑटो से भी निकलते हैं
कोई गर्लफ्रेंड के आँख से आँसू बनके निकलता है
कोई किचन में वाइफ के बर्तनों पर गुस्से से निकलता है
पता नहीं घर हमेशा लेट कैसे जाते हैं
Business में तो सबको quality time देते हैं
किसीको quality time देना था यार यह भूल जाते हैं
बच्चे को promise करते हैं, बेटा कल घूमने निकलते हैं
बाँस के फ़ोन से सुबह नींद खुलती है
Promise गया तेल लेने वह dasbara पैसे के पीछे लगते हैं
बस बच्चे का मासूम चेहरा देखकर, थोड़ा खाना कम खाते हैं
आज कल कोई सेल की डेफिनेशन पूछता है
यह कविता उसको बड़े प्यार से सुनाते हैं
MK 1 DOL और Apki van हमेशा नज़रों के सामने रहते हैं
क्या करें किस्मत ही ऐसी पाई है
कि हमेशा सफर में रहते हैं
Written by Avinash Kondekar
Sales Executive with Larsen & Toubro, Avinash was
a participant in Nriyjanjali's Sales Training
Programme at L & T, Pune

FOOD *KHANA* Recipes

French Delight CHICKEN STUFFED WITH GARLIC BUTTER

Ingredients:

500 gm chicken (minced), 120 gm butter
4 tbsp flour for coating,
2 cups breadcrumbs oil for frying
Salt and pepper to taste.
4 tbsp freshly snipped chives, 2 eggs (beaten)

Method:

1. Cook minced chicken.
2. Add salt and pepper. Mix well.
3. Make cutlets and keep aside.
4. Divide butter into 4 equal parts and shape into small sausages.
5. Chill until firm, sprinkle chopped chives.
6. Place 1 butter sausage in the centre of each chicken cutlet. Fold over the butter.
7. Dip the cutlets first in the flour then in beaten eggs and finally in bread crumbs.
8. Chill thoroughly for at least 2 hours or overnight.
9. Heat oil in a frying pan and fry chicken on both the sides until it is brown.
10. Drain on absorbent paper and serve immediately.

Egyptian Dishes

FUL NABED (BEAN AND VEGETABLES SOUP)

Ingredients:

2 cups fava beans soaked and cooked
2 green onions (chopped), ¼ tsp ginger paste
1 tsp cumin seeds (powdered)
2-3 bay leaves, 2 lemons
Salt and black pepper to taste
6 cups vegetable stock
2 cloves of garlic, 2 tbsp olive oil
1 tsp sweet paprika, 1 cup carrot (chopped)
1 tbsp fresh parsley (chopped)

A pinch of cayenne or any pepper to taste

For garnishing fresh parsley or coriander or mint leaves



by Mrs. Fatima Shaikh

- teacher with Pragnya Bodhini High School, Goregaon, Fatimaji has a passion for cooking. Her three cookery books have been published by her school and appreciated by those who have got the chance to taste them.

RATATOUILLE

Ingredients:

1 onion chopped,
1 green pepper cut into cubes,
1 courgette cut into cubes,
2 cloves of garlic crushed
1 spring of thyme,
1 red pepper cut into cubes,
2 aubergines cut into cubes,
½ kg tomatoes chopped,
3 tbsp olive oil, Salt and pepper to taste.

Method:

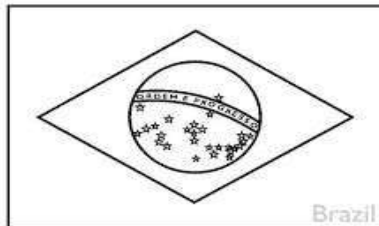
1. Heat oil in a large saucepan.
2. Put in the vegetables at intervals of 5 minutes i.e. pepper, aubergines, courgettes, tomatoes, garlic and then thyme.
3. Season, cover the pan and cook for 45 minutes over a low flame. Serve hot.

Did U Know

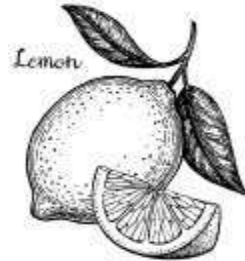
Unless food is mixed with saliva you can't taste it

An egg contains every vitamin except vitamin C

The oldest known vegetable is the pea



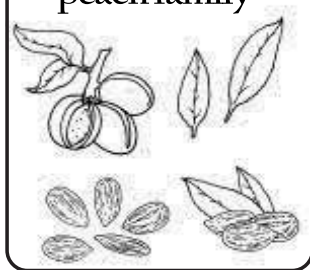
Lemons contain more sugar than strawberries



A hard boiled egg spins (uncooked or soft boiled don't)

Pop corn was invented by the Aztec Indians

Almonds are members of the peach family


 An illustration showing several almonds, some whole and some cracked open, along with a few leaves and a small fruit, representing the peach family.

Brazil got its name from the Brazilian nut (not the other way around)

Bananas grow pointing upwards

Wheat is the world's most widely grown plant

There are over 2,500 different types of mushrooms

Arachibutyrophobia is fear of peanut butter sticking to the roof of your mouth

The world's most expensive spice is saffron

The hottest chilly in the world is the habanero

John Cadbury founded the Cadbury chocolate company in England in 1842 producing the first chocolate bars



JOKES

Q. Why is Cinderella so bad at soccer?

A. Because she always runs away from the ball !

Q. Where did the vampire college student go clothes shopping?

A. Forever 21

**Age is a relative thing.
All my relatives keep reminding me how old I am.**

My memory is getting so bad, I asked the pharmacist, Do you have any Acetylsalicylic acid?
You mean aspirin? asked the pharmacist.
That's it! I can never remember that word.

They just found a gene for shyness. They would have found it earlier, but it was hiding behind a couple of other genes.

Our doctor's office called to let my husband know that the results from his blood tests came back and he was just fine. That didn't suit my husband. What's my cholesterol level? he asked.
Mr . Crocker, you are just fine, insisted the nurse. Still, I'd like you to mail me the results.
A few days later, he received a postcard from the doctor's office. It read, Mr . Crocker, you are just fine!

A police officer jumps into his squad car and calls the station.
I have an interesting case here, he says. A woman shot her husband for stepping on the floor she just mopped. Have you arrested her? asks the sergeant.
No, not yet. The floor is still wet.

**Q. What did the big flower say to the little flower?
A. Hi, bud!**

**Q. What did the teddy bear say when it was offered some birthday cake?
A: No thanks, I'm stuffed.**

Q. What do you always get on your birthday?

A. Another year older!



Happy Birthdays

January

2nd Manju Chawdhary

6th Puloma Pukale

10th Sneha Nair



February

2nd Sangita Sawant

11th Anurag Khedekar

13th Kalpana Gopinath

19th Sushma Singh

23rd Charushila Samjiskar

March

1st Seema Sabhlok

5th Shobha Nair

8th Neelima Sonkusale

12th Radha Guha



April

6th Shreekala Babu

9th Avani Chakrabarty

17th Aditya Save

18th Romal Waingankar

23rd Chhaya Salian

26th Falak Trivedi

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Articles, Poems - Original or Sourced
Pictures / Sketches in Black & White only
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