



June - 2023  
Vol. 28, No. 2



# PARICHAY MEIN PARICHAY



1963 - 2023



**Nrityanjali**

*Leader in Personality Developments & Emotion Management*





**Nrityanjali** is a registered **Public Charitable Trust** and an **Institution** of Performing Arts, Education, Personality Development & Management Services established on 19th July 1963

**Nrityanjali Membership is through Invitation and has no Fees.**

Individuals from different walks of life and age ( from 10 years to 70 years ) work together for Social Service & Education through the medium of Music & Dance.

**Nrityanjali Human Resource Development (NHRD) Division**

Conducts Training for Faculty Members in Life Skills Programmes & Behavioural Sciences on modules based on the 32 years research of Dr. Tushar Guha

**Nrityanjali Social Activities (NSA) Division**

*organises Inter - School Competitions every December for students from KG to Std Xth.*

The Competitions are -

Drawing , Essay, Handwriting, Recitation, Story Telling, Elocution, General Knowledge, Debate, Fancy Dress, Vocal - (Hindustani, Carnatic, Light Solo, Samuha Geet), Dance (Indian - Folk & Classical, Western), Mono Acting

NSA entertains inmates of Old Homes, Orphanages and Patients of Hospitals.

**Nrityanjali Programme Division**

Arranges Cultural Shows of Folk Dances of India, Classical Dances, Music & Drama. These shows are presented by the students of the "SUNDAY CLASSES" - the centre of activity (2.00 P.M. to 6 P.M.). People of all ages learn varieties of art form **Free of Cost, under the Founder Director Dr. Tushar Guha.**

Conducts Workshops in Drama, Indian Classical & Folk Dances  
Special programmes are presented for foreign dignitaries.

**Nrityanjali Faculty Division**

offers courses in Performing Arts and is affiliated to ABGMV Mandal, Miraj.  
Nrityanjali Diploma courses are also conducted.

**Nrityanjali Information Services (NIS)**

Publishes Quarterly House Magazine "PARICHAY MEIN PARICHAY".  
Nrityanjali Web Services are offered to members.



**CORPORATE AFFAIRS**

**Nrityanjali Initiative Division**

initiates different projects to create an awareness and implement Nrityanjali's ideals.  
Camps for Children, Youth, Women, etc. and Marketing

**Nrityanjali Management Services (NMS) Division**

conducts Training Programme for the Corporate Sector in Behavioural Sciences. The modules are based on the 32 years research on Human Relations and Psychology by Dr. Tushar Guha

**Nrityanjali Education Services (NES) Division**

caters to **Personality Development & Life Skills programmes** for students. Provides training to Principals and Teachers through the Department of Education.

**The Open Forum for Principals (OFF)**

initiated by NES caters to creating a pool of teachers on different academic subjects

**Sunday  
Classes**

Start attending  
at 1:30 P.M.  
at Bhandup  
every Sunday.

**Nrityanjali  
Yahoo Group**

Login to join by  
registering your email ID  
at our website

**Membership**

Visit : Sunday afternoon  
or  
week days evenings  
Meet any official  
Fill in Application Form.  
Participate in activities.  
Membership  
follows



# Parichay Mein Parichay

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Maitri Khedekar

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Mini Pillai

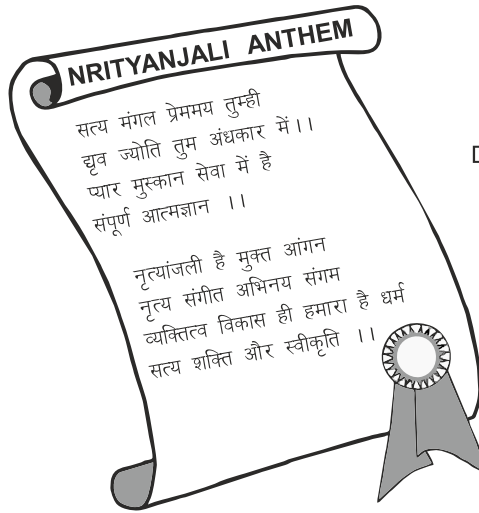
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## Dear Readers,

Wishing all the Nrityanjalites a very Happy Foundation Day!

60 - years, for our Founder, Chairman Sir - Dr. Tushar Guha, has been a journey of dreams, aspirations, perseverance, achievement and success for him. People from all walks of life and of every age group believed in his belief and participated in taking the philosophy ahead.

The strong philosophy of Nrityanjali 'Love, Care and Share whatever little we have' has very well percolated down to the next lines of torch bearers of Nrityanjali. We really feel blessed and proud to be able to be a part of this journey even though we joined it at a much later phase.

The year 2023 was filled with various new ventures and challenges which we were very happy to explore and take up. Celebrating Swaccha Bharat Abhiyaan along with our corporate houses, schools, and social institutions, holding Diamond Jubileed closing dinner for our well wishers and connecting to like-minded individuals has indeed been a great blessing to us.

'Kadam, Kadam, badhaye ja... Yes, every step walked has led us to be useful to people in general and artistes, women, and the needy in particular. Last year we had initiated the Health camps, coaching in Computers and English for Grade 10 girls, and have started preparing Nrityanjaliites to nurture their Nrityanjali, to continue henceforth.

Maitri Khedekar

## Parichay Mein Parichay Life Membership (10 Yrs.)

<b>Oct.'14 Vol .13 No.4</b>	Guha Tushar, Radha / Dharmesh Rana
<b>Jan'15 Vol.24 No.1</b>	Pukale Naresh
<b>April'15 Vol.24 No.2</b>	Revathi Sethuraman
<b>Oct'15 Vol.24 No.4</b>	Trivedi Falak
<b>April'16 Vol.25 No.2</b>	Chowdhary Nitasha, Manju
<b>Oct'16 Vol.25 No.4</b>	Geeta Chandrasekaran
<b>Jan'17 Vol.26 No.1</b>	Chirath Harinakshi
<b>April'18 Vol.27 No.2</b>	Yewale Sunanda
<b>July'18 Vol.27 No.3</b>	Jattani Hemakshi
<b>Oct'18 Vol.27 No.4</b>	Singh Bindu
<b>Jan'19 Vol.28 No.1</b>	Sonkusale Neelima / Damle Nivedita
<b>April'19 Vol.28 No.2</b>	Nathwani Bhavika
<b>Jan'20 Vol.29 No.1</b>	Damle Manasi / Sawant Balkrishna / Samjiskar Charushila / Mane Shweta
<b>July'20 Vol.29 No.3</b>	Pingle Samir
<b>April'23 Vol.32 No.2</b>	Manisha Singh
<b>July'23 Vol.32 No.3</b>	<b>Khan</b> Farhat / <b>Guha</b> Anonna, Dutta Arindam, Aditri

## PMP Subscription

One Year- Rs.200/- ( 4 Issues )

Life Subscription (10 Years) - Rs.1000/- ( 40 Issues )

**Members are requested to please check and renew their Life membership**



## NRITYANJALI BOARD OF TRUSTEES w.e.f. 27.07. 2021

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 Mrs. Charushila Samjiskar  
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 Mrs. Sangita Sawant, Mrs. Maitri Khedekar

●  
**Permanent Executive Secretary** : Mrs. Manasi Damle w.e.f. 26.05.2016

**Nomination Board** w.e.f. 01.05.2022

**Chairman** : Mrs. Nivedita Damle **Member** : Mrs. Maitri Khedekar

## CENTRAL ADMINISTRATION

w.e.f. 01.05..2022

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 Director - Operations : Mr. Girish Dalvi  
 Director - Kolkata Office : Dr. Anuradha Chatterjee  
 Head Operations : Mrs. Maitri Khedekar

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**Nrityanjali Management Services** ( Trainings in Corporate & Professional Institutions )

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**PMP** - Editor - Mrs. Maitri Khedekar & Editorial Board Members

●  
**Human Resource Development** ( Research,SPDC,In-House Training )

**Head** : Mrs. Geeta Chandrasekaran

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# ACCOLADES

## Dear Anonna Madam

I have been at Grooming & Effective communication session taken by Dr Tushar Guha and team and found it amazing and engaging. In the next batch I will sit through the entire workshop. With Best regards

**Amar Pathak**

HR Head Viraj Profiles Ltd. Tarapur

## Hello LinkedIn Connections.

Recently, I had the privilege of attending a transformative two-day workshop on effective communication and grooming, led by renowned mentor Dr Tushar Guha - Nriyjanali Institute of Performing Arts, Education, Personality Development, Social & Management Services

This workshop was a valuable opportunity to enhance my interpersonal skills, develop a strong presence, and overall communication. Throughout the works, gained valuable insight to enhance my interpersonal skills, develop a strong presence, and improve my overall communication abilities. Throughout the workshop, I gained valuable insights and practical techniques that I would like to share. We were given different activity to perform like:

- 1.Public speaking on the topic of our own choice,
- 2.Attention to the details
- 3.Etiquette at dining room
- 4.Telephonic conversation
- 5.Conversation Skill (team activity)
6. Science of Mirror
7. Role play (team activity)

I would like to express my gratitude to Shri Neeraj Kochhar Sir, Mr. Amar Pathak and Mr. Siddartha Modi of Viraj Profiles Ltd. for organising this wonderful session.

**Ms. Mahima Sharma**

Viraj Profiles Ltd, Tarapur

## Dear Dr. Anonna Madam,

You won't believe, the GETs got very positive energy from you - they are so happy after the three days training conducted by Mrs. Vasanti Anand and you on Professional Quotient from 19th to 21st April 2023

**Ms. Suhani**

HR - Schneider (India) Pvt. Ltd, Baroda

## Dear Dr. Tushar Guha ji,

With profound gratitude, I would like to place on record your immense efforts in upskilling not only our faculty but also from other 4 schools. Your personal touch to the entire programme with very high energy levels has definitely motivated the FDP participants to take you as their role model.

I also place on record the contributions of your faculty Ms. Harsha and Ms. Charushila to this programme.

I thank Mr. Deepak Chawla for finding such a wonderful trainer and also all support from University headquarters till last minute.

I look forward to your cooperation in future too. With regards

**Dr. Suseelendra Desai**

FPSI, FTAS, FPPAI, FISOR  
Dean

## Dear Dr. Desai,

We are indeed glad that participants found the FDP purposeful.

I join you in paying glowing tributes to Dr. Guha for his efforts in making a difference in the personal and professional lives of the participants.

Many thanks to Ms. Harsha and Ms. Charushila for their invaluable support and contribution. Best wishes. Regards,

**Dr. Deepak Chawla**

**Director - HR (Training)**

Narsee Monjee Institute of Management Studies  
(NMIMS), Mumbai



# ACCOLADES

**Applause from audience for *Sajani Sajani Radhika Lo...* programme at ISKCON Juhu on 30th April 2023**

I enjoyed the programme. Tusharda is electric on dance stage. Such innate grace. It's God given. God bless.

**Guru Dr Malathi Agneswaran**  
Bharatanatyam exponent

I am very very happy. At this age SIR is so graceful graceful. All of you have imbibed his grace. My pranam to Sir

**Guru Latasana Devi**  
Manipuri exponent

It was a pleasure enjoyed the programme of Nrityanjali and thanks so much for the honour.

**Guru Keka Sinha-** Kathak exponent

Wow, short of adjectives to describe today's performances at Iskcon. Gracious. Thanks for the invite. Loved each item. Enjoyed thoroughly.

**Dr. Latha Venkat**  
Former Principal, Seksaria School, Malad

The show *sajani sajani radhika lo* was beautiful. I and my family enjoyed the programme. Thank you for honouring me, it is always a pleasure to sing for Nrityanjali and Anonna Guha.

**Shoma Maitra Sinha,** Classical Singer

The whole programme was superb. Ashtanayika so well created and executed, Students executed all dances so well. From my side any help for Bharat Natyam students - please tell me.

**Guru Dr Chitra Vishwanathan**  
Bharatanatyam exponent

**Dear Anonna,**

Spectacular performance. *Sajani sajani* was simply out of the world stuff. Even at 75, your father Dr Tushar Guha stood so tall! Many thanks for the invitation. Shall look forward to witnessing more such superlative shows in the future.

**Dr Biswas**  
Retd. Scientist at BARC

**Dear Anonna Madam,**

Thank you so much for your appreciation..Feeling blessed and lucky..and I am Thankful to Team Nrityanjali for giving me such wonderful opportunities, experiences and big platforms.

**Tushar Rahate**  
Marketing Professional & Artiste

All the performances were jewel in the crown. Special thanks to Guru Dr. Tushar Guha Sir and Guru Dr. Anonna Guha Madam

**Mrs. Palekar**  
Father of Kathak student Dhruvi Palekar

Thank you so much Ma'am for your kind words and for taking the time to express your appreciation. We feel honored to have you and Sir as our Gurus. Thank you for giving the opportunity to showcase our skills and make a meaningful contribution to Nrityanjali. We would be thrilled to perform with you again in future performances .

**Bhargavi Patil -** Kathak student

**Dear Anonna Ma'am,**

Super grateful to you, Sir and Nrityanjali as a whole, thank you for letting me be a part of the diamond Jubilee show. It was all because of you that we could perform beautifully. Thank you so much again!

**Dhiya Patel**  
Kathak Student  
Student at St Xavier's college, Dhobi Talao

## ACCOLADES

It was a great experience for Gayatri and proud moments for us to see our little angel learning so many things under your skillful guidance. She not only is learning dance but she is able to absorb many more good qualities as being a student of Nrityanjali. She has learnt to be punctual, honest, dedicated, upto date, perfect, ..probably may not be upto the teachers' expectations ...,but she always surprises me. She is under your umbrella of care and guidance. May Nrityanjali always reach to the top by God's grace.

**Mrs. Thorawde**

Mother of Gayatri Thorawde, Kathak student

**Dr. Anonna Guha**

Thank you so much for giving Dhiya a great experience performing on 30 th April. She was super happy to be a part of this event. As a parent, it was a proud moment for us. Waiting for many more. It was just marvellous to watch you and Tushar Sir dancing. As off to Tushar Sir at this age he has that charm and grace on his face while dancing. Thank you once again.

**Sejal Patel**

Parent of Kathak student Dhiya Patel

No words to express how thankful I am for your hardwork.. I had a lovely and memorable experience through out the practices for 30 th April show at Iskcon and the performance too.. Got to learn new things from you throughout these days... Thanking you for your support.. You are and always will be my inspiration

**Gayatri Thorawde**

Kathak student & St Xavier's school, Kanjurmarg

**Dear Madam,**

It was an honour to perform on 30 th April. Grateful to be a part of show. A great experience indeed !!! Thank you ma'am

**Swananda Bharadkar**

Kathak student studying in MCC college

Thank you so much for giving us opportunities to perform. I had a lovely and memorable experience through out the practices and the performance.

**Bhumika Kadam** - Kathak student

We felt really blessed to perform something different and new when we performed *Sajani Sajani Radhika Lo..* It was indeed a great experience... Thank you.

**Sanika Gaikwad**

Kathak & student at Somaiya College

**Dear Sir/Madam**

I thought I'll share my experience regarding the Dance Workshops - Kathak, Bharat Natyam and Manipuri with you when we meet for class and then I realised that it's vacation period. But yes I'm so glad I could be a part of the workshop, it was truly my honour to learn so much from such experienced artists and hear about their experience, how it was when they were learning etc. And ofcourse the biggest thank you to Dr Tushar Guha Sir and the entire team for giving all of us this opportunity.

**Ms. Anushri Khadye**

Kathak & Engineering student



# ACCOLADES

Dear Editorial team,

Dr Tushar Guha, I respectfully called him Sir.

His Nrityanjali institute has been celebrating their D I A M O N D JUBILEE year. In May 2023 this institute organized workshops on Indian classical dance styles like Bharatnatyam, Kathak and Manipuri. I was a teacher of Classical Manipuri dance style. It was my honour and privilege to be part of the program and teach at this prestigious institute.



I had a good experience with the students and staff. They are extremely humble and cooperative. I could not believe the students were learning Manipuri dance for the first time, they learned and picked it up so well. I believe it to be because of Tushar Guha Sir's training that their body and posture are so perfect. I would like to thank Tushar Guha Sir, Anonna Guha, Girish ji, Sangita ji and the other teachers and staff of Nrityanjali

By **Guru Smt. Latasanadevi**  
(Manipuri Exponent)

Dear Niveditaji,

The first thing is that, it was so admirable as an Institution, you are exposing the child to all types of traditional dance arts. You know, I took the workshop, I had students of other faculties for like Kathak or other types of dance arts. They showed so much keen interest, and like they were willing to learn. So, this is mainly because of their mentors, teachers, their faculties that the thought is inserted into them, you know, that they have to be open to learn different types of

movements that is different types of classical arts.

This is the first thing that was really admirable, and, the way a simple student from a humble background, also could make it to such workshops, is a very very rare thing to find these days. Because most of the workshops are extremely expensive and they have their rules and regulations. So many a times the induction of a student into just a glimpse of a particular art is not possible at all. And that has been made available to the Nrityanjali Group, and also students could withstand the entire day's schedule and maintain some energy at the end was really really admirable for the students. But the credit is to our mentor, the Organization. Because, if they chose to create a path, the child automatically follows it like a culture and that is instilled in them. So, this is something that is very nice.

I took the workshop for typically Bharat Natyam students, where I taught them 2 MARGAM DANCES. And, it was very nice because the students were very warm, very accepting and energetic, and also they came out with their own inhibitions and doubts. Which I felt was very nice, because I felt ONE AMONGST THEM.



There was no barrier between me and the Institution, similarly between me and the students It was such a warm and friendly atmosphere that I really looked forward to going the 2nd day also.

I hope I am working with them in the future if time permits for them to call me and me also to be a part of them, then that will be very good and I thank Tushar Guha ji, especially such a



## ACCOLADES

stalwart in this field, such a humble person. See, these things at my age and my learning experience teaches me something totally new and to see how an extreme stalwart can be so humble, be warm, be welcoming and be encouraging to artists like me. And secondly, I know Anonna for years now and I really don't know how exactly to tell about her. Something I felt that unbiased and extremely principled, and that really personifies her, and the way she carries herself in whichever role she's placed, that a dignity depends on unbiased nature, justified nature which I really appreciate and wish her the best in whatever venture she takes up and seeking the blessings of Dr. Tushar Guha, this is what all I would like to say.

By **Guru Smt. Revathi Srinivasraghavan**  
(Bharatnatyam exponent)

Dear Dr. Anonna Guha ji,

I am so blessed and feel so positive to be associated with Nriyjanali as I can connect with the philosophy of Nriyjanali & Dr. Tushar Guha Sir of contributing and spreading goodness to the society. I wish to be a part of Nriyjanali as a student of Dr. Guha to learn under him. I appreciate Nriyjanali's initiative to teach these classical dance forms to the present generation so that they can take it forward.



By **Guru Smt. Sharvari Jamenis**  
(Kathak Exponent)

## FOOT PRINTS...

*Nriyjanali News upto 19th July 2023*

**Nriyjanali Management Services** conducted the following management training programmes :

- **Professional Quotient** for the Graduate Engineer Trainees of **Schneider (India) Pvt. Ltd (Formerly Larsen & Toubro Ltd)** was conducted on 19th to 21st April 2023 in Vadodara by Dr. Anonna Guha and Mrs. Vasanti Anand.
- Training on **Grooming and Effective Communication** was conducted for the **Marketing Team of Viraj Industries Ltd, Tarapur** on 17th and 18th May 2023. Dr. Tushar Guha conducted the training along with Mr. Girish Dalvi and Mrs. Sangita Sawant
- Five Days Training for the **Faculty Members of Narsee Monji Institute of Management Studies (NMIMS)**, was conducted at Shirpur from 20th to 25th June 2023. The programme **Enhancing Self Potential - upgrading teaching learning skills** was conducted by Dr. Tushar Guha along with Mrs. Charushila Samjiskar and Mrs. Harsha Andan.

# FOOT PRINTS...

*Nrityanjali News upto 19th July 2023*

**Nrityanjali Education Services** conducted the following programmes :

- **Career Guidance Sessions** for 10 Individual students conducted - Courtesy **Nrityanjali**
- **Orientation** programmes for 300 Teachers of **Ryan International Group of Schools (Sanpada, Panvel, Kharghar, Nerul)** were held on 29th April 2023 at Ryan International School, Kharghar, Navi Mumbai. Dr. Tushar Guha, Mr. Girish Dalvi, Mrs. Geeta Chandrasekaran and Mrs. Sreekala Velambath conducted the four sessions of two hours each
- On 20th May 2023, Dr. Tushar Guha conducted **Webinar for Educators** on **The Science of Play: Unveiling the Neuroscience behind Active Play in Child Development** organised by **Zapurza Museum, Pune**
- **NES- Open Forum for Principals** arranged **Student Exchange Programme with the Education Department of Government of South Australia** from 26th May to 6th June 2023.  
**Nrityanjali Trustee - Director Operations and Chief Administrator of OFP Mr. Girish Dalvi** headed the delegation. **A total of 20 students from Ryan International Group of Schools and St. Rocks High School - Goregaon** joined the Exchange programme
- **Orientation programmes** for 300 Teachers of **Ryan International Group of Schools** were held on 2nd, 3rd, 10th June and 8th July 2023 at their premises in **Chembur, Goregaon and Kharghar** respectively. Dr. Tushar Guha, Mrs. Geeta Chandrasekaran and Mrs. Maitri Khedekar conducted the sessions of two hours each
- Dr. Tushar Guha was invited to conduct two hours workshop for **Teachers on Student Teacher Relationship** for 180 Teachers of **Christ Church School, Byculla** on 7th June 2023. Mrs. Maitri Khedekar and Mrs. Diksha Bhat were the co-faculty members.
- Mrs. Geeta Chandrasekaran conducted two hours workshop for **Teachers on News paper in Classroom** for Teachers of **DAV Public School, Panvel** on 26th June 2023.



## HUMAN RESOURCE DEVELOPMENT

- **8 days Special Personality Development Course Level 2 (SPDC 2) physical class** commenced from 8th April 2023 and ended on 30th April 2023
- **16 days Special Personality Development Course Level 1 (SPDC 1) physical class** commenced from 7th May 2023 and ended on 11th June 2023
- **8 days Special Personality Development Course Level 2 (SPDC 2) physical class** will commence from 5th August 2023 and will end on 27th August 2023
- **The next Batch of 16 days Special Personality Development Course Level 1 (SPDC 1) physical class** will commence in September 2023 - Fridays, Saturdays, Sundays - 7.30 A.M. to 10.30 A.M.

# FOOT PRINTS...

*Nrityanjali News upto 19th July 2023*

## Social Service Activities

• Five Days **Nrityanjali Art Camp** for Children and Ladies were held at Nrityanjali premises from 20th, 21st, 24th to 26th April 2023 and 8th to 12th May 2023. Mrs. Maitri Khedekar and Mrs. Sangita Sawant were the Faculty members.

• Under the **CSR Pathshala Project of Hindustan Petroleum Corporation Ltd** Nrityanjali conducted one day Training for the Teachers to connect with underprivileged and differently abled students on 29th April 2023 at **HPCL Management Development Institute in Nigdi**. Dr. Anonna Guha, Mrs. Charushila Samjiskar and Mrs. Maitri Khedekar conducted the training.

• **Seven Days Two hours Workshops on Personality Development** for children were held for two batches, at **HP Nagar, Hindustan Petroleum Colony, Vashi Naka** for less privileged children **Under the Pathshala CSR Project of Hindustan Petroleum Corporation Ltd**. Mrs. Maitri Khedekar and Mrs. Sangita Sawant conducted the workshops from 1st to 5th, 9th and 10th May 2023



• As a part of Nrityanjali's Diamond Jubilee Celebrations, **Dance Workshops** were conducted for New and Advanced students as follows :

6th & 7th May 2023

Manipuri Dance by Guru Latasana Devi

Kathak Dance by Guru Sharvari Jamenis

Bharat Natyam Dance by Guru Revathi Shrinivasraghavan

13th & 14th May 2023

Manipuri Dance by Guru Latasana Devi

Bharat Natyam Dance by Guru Revathi Shrinivasraghavan

• **Children's Camp on Personality Development through Arts** was conducted on 11th May 2023 at **A M. Naik School, Powai**. The camp was organised by the **Welfare Division of Larsen & Toubro Ltd. Powai**.

Mrs. Maitri Khedekar conducted the camp with assistance from Mrs. Diksha Bhat and Ms. Ashlesha Joshi



# FOOT PRINTS...

*Nrityanjali News upto 19th July 2023*



## Programme Division

• Celebrating the Diamond Jubilee Year of Nrityanjali, the students of Sunday Class, Kathak and Bharat Natyam - 64 in number, presented a grand performance on the Radha-Krishna theme titled **Sajani Sajani Radhika Lo...** on 30th April 2023 for Bhakti Kala Kendra at ISKCON auditorium, Juhu

## SPECIAL PERSONALITY DEVELOPMENT COURSE (SPDC)

(Certificate Course) Level 1. Also Followed by Level 2 & 3

**For:** Youth, Students, Professionals, Parents, Senior Citizens, & Homemakers

*The Course material provided is the approved reference book by Government of Maharashtra on Personality Development – **Perceptions of Personality** in 1996*

**Course Content:** Group Discussions, Presentation Skills, Communication Skills and Voice Culture, Group Dynamics and Human Relations, Counselling, Facing Interviews, Public Speaking, Grooming & Etiquette - International, Study of Emotions, Psychology and more...



## Trained over 4,50,000 Individuals

Programme Mentor: **Dr. Tushar Guha**,  
First doctorate in Personality Development, USA

Interviews have begun. Selection only after an Interview.

**Tel:** 9702457535, 46036174 **Email:** [nrityanjali1963@nrityanjali.org.in](mailto:nrityanjali1963@nrityanjali.org.in)

**Next Batch  
Sept 2023**



## REPORTS on 61st Nrityanjali Annual General Meet

- 23rd July 2023 at Kashinath Ghanekar Auditorium, Thane

### Faculty Division

- Head -Mrs.Nivedita Damle

\*ABGMV written Exam was held on 20th November 2022 120 students appeared

\*ABGMV practical Exams were held in Dember 2022 160 students appeared

#### \* Results of ABGMV

- Total Distinction - 36

First Class - 90

Second Class - 30

Pass Class - 4 = 160 - 100% Result

\*Internal Diploma Examinations were held in March 2023

\*Total of 179 students of Bharat Natyam, Kathak, Sangeet and Sunday Classes performed at the 60th Nrityanjali Annual General Meet at Kalidas Natya Mandir, Mulund on 14th August 2022

\*A total of 300 students of Bharat Natyam, Kathak, Sangeet, Modern and Sunday Classes will be performing at today's 61st Nrityanjali Annual General Meet

### Human Resource Development Division

- Head -Mrs.Geeta Chandrasekaran

\*Three batches of Special Personality Development Course SPDC 1 were conducted in 2022-23 on Friday, Saturday, Sunday from 7.30 am to 10.30 am

\*One batch of SPDC level 2 was conducted in April 2023.  
This course qualifies an individual to be a counselor.

\* Teachers Workshop were conducted for Rochiram Thadani School for the Hearing Impaired, Six Schools of Ryan International Group of Schools, Christ Church School, DAV

Public School, Panvel during July 2022 to July 2023

\* Individual Perspective Development Programmes and Excel learning was conducted in August 2022

\*Regular meet for faculty members commenced from August 2022

\*Conducted Career Guidance Counselling for private candidates across Mumbai and Navi- Mumbai and 160 students of Little Angel School, Sion

\* Effective Parenting Workshops August to October 2022 for eleven Ryan Group of Schhols and Don Bosco School, Nerul

\*Zapurza Museum & Art Centre, Pune conducted workshop for 100 Principals.

\*Two batches of Art & Grooming camp were conducted

\*Life Skills programmes for students in Little Angel School, Sion,Vivek Vidyalaya in Goregaon,Antar Bharati School, Lonavala were held during 2022 - 2023.

\* Life Skill Programmes for students of New Horizon Public School - Airoli, Vishwa Bharati School Kopar Khairne, Model School , Dombivali & Bharat School, Thane were held - courtesy Hindusthan Times

\*NMIMS - online Performing Arts in Education -March 2023

\*On 20th May 2023, Webinar for Educators on The Science of Play: Unveiling the Neuroscience behind Active Play in Child Development was conducted. It was organised by Zapurza Museum, Pune

\*NMIMS, Shirpur - Physical 5 days programme for professord on Enhancing Self Potential - March 2023

## Ensuing Programme

\*8 days Special Personality Development Course Level 2 (SPDC 2) physical class will commence from 5th August 2023

\*16 days Special Personality Development Course Level 1 (SPDC 1) physical class will commence from 3rd September 2023

## Programme Division

### Head - Mrs.Sangita Sawant

\* On 30th July performed folk dances for the Lions Club International celebrating Azadi Ka Amrit Mahotsav Programme

\* NCPA celebrated Azadi ka Amrit Mahotsav on 14th August 2022. Nrityanjali performed patriotic dance on Tagor'e music

\* Bharat Petroleum Corporation Ltd celebrated Hindi Pakhwada with Nrityanjali performance of dance drama Kuhakini on 28th September 2022

\* Performed skit Kuch Kuch Hota hai for Vigilance Awareness week of Bharat Petroleum Corporation Ltd, 31st October 2022

\* Performed Folk Dances of India for Bangladesh Consulate on the occasion of Liberation Day 16th december 2022

\*Performed Folk Dance at the ACM India Joint International Conference on Data Science and Management of Data - CODS -COMAD organide by IIT Bombay & Tata Consultancy Services.in Jnauary 2023

\*. Performed Tagore's, Bharat Natyam, Kathak, Folk, Creative and dance drama Kuhakini at Nrityanjali Fest Prize Distribution function on 8th January 2023 at Birla Matushri Sabhaghar, Mumbai

\* Performed Folk Dances of Gujarat at Sanskruti festival Thane 28th January 2023

\*.Performed Invocation for Kala Ghoda Arts Festival on 4th February 2023

\*. Performed dance drama Kuhakini at Kala

Ghoda Arts Festival on 11th February 2023

\*. Performed Folk Dances of India for Bangladesh Consulate on the occasion of International Language Day 21st February 2023

\*Performed Folk Dances of India for the Conservation Conclave organised by Chatrapati Shivaji Maharaj Vastu Sangrahalaya 24th February 2023

\* Performed Folk Dances of Bangladesh for Bangladesh Consulate on the occasion of Bengali New Year 14th April 2023

\* Nrityanjali scripted, choreographed, directed and trained the students of Delhi Public School, Nerul for the Annual day - title Be the Change

## Social Activities Division

### Head - Mrs.Maitri Khedekar

1. We started a project Unnat Yuvati as a part of social commitment of skill development for girls of std. 10<sup>th</sup> to coach them in Spoken English and Computer Application, free of charge. The project started on 6<sup>th</sup> June 2022 and continued throughout the year, on every Tuesdays for Spoken English and Saturdays for Computer Application. The faculties were Dr. Anonna Guha, Mr. Girish Dalvi, Mrs. Maitri Khedekar, Mrs. Sangita Garud, Ms. Gauri Keny, Mrs. Diksha Bhat, Mrs. Mini Pillai, Dr. Poonam Verma and Mrs. Prabhadevi Patil. Ms. Yogita Gawde took the initiative to co-ordinate the project.

2. Jyotirmay Project at Andheri headed by Ms. Amena Latif is being supported by Nrityanjali in their administrative management.

3. In association with Prayas Foundation, the Project Good Living continued throughout the year with the Destitute Women at the Rehab centre in Mankhurd. Mrs. Sangita Sawant and Mrs. Maitri Khedekar were the faculties.

4. On 1<sup>st</sup> October 2022, Nrityanjali members and students entertained the Cancer Patients at Assam Bhavan, Vashi and sang songs and



performed Bharatnatyam, Kathak and Folk Dances. The program ended with the audience joining the Bihu Dance.

5. On 30<sup>th</sup> October 2022, Nrityanjali members and students entertained the senior citizens of Raheja Vihar Complex at Chandivali and sang songs and performed dances. At the end, the audience joined the artistes.

6. The 36<sup>th</sup> Nrityanjali Fest Inter-School Competitions commenced from August 2022 and ended on 11<sup>th</sup> December 2022. Over 2 lakh students from 625 schools across Mumbai, Navi Mumbai, Thane and Raigad Districts participated.

7. The Prize Distribution Function was held on 8<sup>th</sup> January 2023 at Birla Matoshri Sabhagruha, Marine Lines, Mumbai.

8. Under the aegis of National Centre for Performing Arts' Nrityanjali has undertaken to conduct dance lessons for students of under-privileged schools – Saraswati Vidyamandir, Bhandup and Vidyadeep Vidyalaya, Vikhroli since August 2022. The training will continue for 3 years. The main teachers are Dr. Anonna Guha and Mrs. Sangeeta Sawant. The administration is managed by Mrs. Diksha Bhat at Vikhroli and Mrs. Vaishali Mandalia at Bhandup.

9. With support from RCF Ltd. Mumbai, Nrityanjali conducted Health Camp for Women on 1<sup>st</sup> March 2023. 186 girl students at Sriram College, Bhandup attended the camp. On 19<sup>th</sup> March 2023, around 114 women attended the camp at Yashwant Chanji School, Bhandup. Dr. Samir Pradhan conducted the camp.

10. Twenty Nrityanjali members volunteered to manage the Dance Sectiona of Kala Ghoda Arts Festival on 4<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> February 2023.

11. Saraswati Puja was held on 26th January 2023

## **Future Plans**

1. The Nrityanjali Fest Inter-School Competitions dates for the year 2023 are :  
Central Zone Half day 2<sup>nd</sup> December 2023  
Central Zone full day 10<sup>th</sup> December 2023  
Western Zone half day 9<sup>th</sup> December 2023  
Western Zone full day 17<sup>th</sup> December 2023  
South Mumbai Zone 3<sup>rd</sup> December 2023  
Navi Mumbai Zone 7<sup>th</sup> Jan 2024

The Prize distribution function for the same will held on 28th January 2024

## **Nrityanjali Information Services**

**Head - Mrs. Maitri Khedekar**

\* Nrityanjali Diamond Jubilee Inaugural Function was held on 19th July 2022 at World Trade Centre, Mumbai  
Luminaries from Governments, Diplomats, Educationism Corporate, Performing Arts and Social Service graced the occasion

\* Published quarterly In-house magazine of Nrityanjali "Parichay Mein Parichay" Online October & April 2022 and Hard Copy July 2022 and January 2023

## **Director Operations**

**Mr. Girish Dalvi**

## **Following Corporate Management Trainings were conducted during the year**

\* Corporate Challenges for Bank of Baroda on 30th June 2022

\* Personality Development for Greater Bombay Co-operative bank on 6th July 2022

\* Personality Development for Bank of Baroda on 13th July 2022

\* Retirement Programme - Ageing Gracefully for RCF Ltd, Alibaug on 12th October 2022

\* Public Speaking - Hindustan Petroleum Corporation Ltd, Nigdi October 2022

\* Professional Quotient for Schneider Electric Pvt. Ltd, Mumbai - 3 days - November 2022

\* Building Positive Work Culture - Tata Motors

Insurance Broking & Advisory Ltd on 14th December 2022

\*Public Speaking - Hindusthan Petroleum Corporation Ltd, Nigdi December 2022

\* REACH for Hindusthan Petroleum Corporation Ltd, Nigdi - 2 Days Feb 2023

\*Professional Quotient for Schneider Electric Pvt. Ltd, - Mysore in February 2023

\*Mentees for Schneider Electric Pvt. Ltd, March 2023 online

\*Mentors for Schneider Electric Pvt. Ltd March 2023 online

\*Stress & Time Management & Work life Balance - Mazgaon Docks - 2 programmes March 2023

\* Professional Quotient for Schneider Electric Pvt. Ltd, Baroda - April 2023

### **Following Educational initiatives were undertaken during the year**

\*NES - OFP Principals Meet on Inclusion was held at ADAPT, Bandra on 30th August 2022

\*OFP Principals Meet on Love Care & Share - July 2022

\*NES - OFP Principals Meet on Implementation of New Education Policy - 2 sessions - January 2023

### **\* NES- Open Forum for Principals arranged Student Exchange Programme with the Education Department of Government of South Australia from 26th May to 6th June 2023.**

Nrityanjali Trustee - Director Operations and Chief Administrator of OFP Mr. Girish Dalvi headed the delegation. A total of 20 students from Ryan International Group of Schools and St. Rocks High School - Goregaon joined the Exchange programme.

**'Together we rise'** 7 schools from Mumbai, Navi Mumbai and Thane District had the opportunity to perform Indian Folk dances under the aegis of NES-OFP. at the Kala Ghoda arts Festival 2023 on 9th February.

## **Managing Director**

**Dr. Anonna Guha**

## **Social Responsibilities**

### **\* With support from USA based NOV India Pvt Ltd Nrityanjali completed the following**

1. Personality Development & Life Skill lessons for Ideal English & Hindi School, Bhandup and Indira High School Nallasopara from December 2022 to March 2023

2. Building Toilets in Zilla Parishad School, Barf Pada, Virar and Zilla Parishad Beghar School, Panch Pairi, Virar

3. Floor Tiling for Ideal School, Bhandup

4. 19 Benches made out of fibre to Hadpsar Karnabadi Vidyalaya, Pune

### **\* With support from RCF Ltd Nrityanjali completed the following**

1. Health Camp for 186 girl students at Shriram College, Bhandup

2. Health Camp for 114 women at Yashwant Chanji School, Bhandup  
Dr. Samir Pradhan conducted the Camps

### **\* With support from HPCL and BPCL Nrityanjali celebrated Swachha Bharat Pakhwada from 1st to 15th July 2023.**

For HPCL, 99 activities were conducted  
For BPCL, 103 activities were conducted.

The activities included - Nukkad Natak, Prabhat Pheris, and workshops on - Best out of Waste, Waste Segregation, Health & Hygiene, and Making Paper Bags.

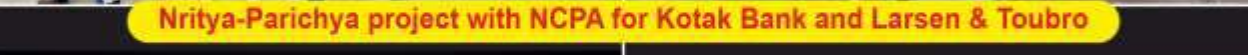
Conducted Drawing, Essay, Quiz, Slogan writing, and poster making events.  
Distributed Cloth bags, Menstrual hygiene kits, and Oral health kits

**Locations covered** - Palghar District, Nalasopara, Goregaon, Chembur, Bhandup, Nahur, Kanjurmarg, Vikhroli, Sewri, Vashi, Ghatkopar, Powai, Chandivali, and Pune.

Public in general, women and students in particular were the target audience of these activities.

events.







**Celebrating 'Swaccha Bharat Pakhwada' with Bharat Petroleum Corporation Limited**



**Webinar on 'Health & Hygiene'**



**Workshop on 'Know your Plastic'**



**Workshop on 'Waste Segregation'**



**Distribution of Menstrual Hygiene Kit for Women**



**'Best out of Waste' workshop**

**Nukkad Natak scripted by Dr. Tushar Guha for 'Swaccha Bharat Abhiyaan Pakhwada'**





**Celebrating International Dance Day at Iskcon, Juhu**



**Recital by Kathak students**



**Recital by Bharatnatyam students**



**Dr. Tushar Guha with well-known performing artists**



**'Sajani Sajani Radhika lo' a presentation in Creative dance form, choreographed by Dr. Tushar Guha**

**Special Highlights of professional performances by Nrityanjali Artists**



**Nrityanjali performing at Sanskriti Festival, Thane**



**Cultural Show at Chhatrapati Shivaji Maharaj Vastu Sangrahalay (CSMVS), Mumbai**



**Celebrating Poila Boishak with Bangladesh Dy-High Commission, Mumbai**



**Celebrating International Mother Language Day with Bangladesh Dy-High Commission, Mumbai**



**Celebrating Diamond Jubilee closing function on 17th June in Bhandup**



**Dr. Tushar Guha,  
Dr. Sheetal Mohite (Spine Specialist) , and  
Dr. Samir Pradhan (Gynaecologist)**



**Dr. Nicholas Correa (Regional Director -  
New Horizon Public Schools),  
Dr. Tushar Guha & Mrs. Swagata Chatterjee  
(Educator - Aga Khan Education Services)**



**Dr. Tushar Guha with  
Mrs. & Mr. Debabrata Mohapatra  
(Schnieder Electricals) and  
Mrs. & Mr. Sudipta Sengupta (NOV India Ltd)**



**Mrs. Sree Nandy (CEO and  
Editor-in-chief at SAEVUS),  
Dr. Tushar Guha & Dr. Anonna Guha**



**Training for NMIMS Shirpur Faculty team**



**Inauguration of Toilet  
constructed for Zilla Parishad,  
Palghar under NOV (I) CSR Project**

CONSTRUCTED BY  
**NRITYANJALI BHANDUP**  
(REG. NO. E-9247 MUMBAI DT. 21-3-83)  
**Zilla Parishad School  
BAGARS HOME  
DIST. PALGHAR  
MARCH 2023**





**Dr. Anonna Guha, Ms. Sarbani Mukherjee (Actress), Dr. Tushar Guha, Mr. Sandip Soparrkar (Western Dancer, Choreographer & Actor), Mrs. Swapnokalpa Dasgupta (NCPA)**



**Mrs. Latasanadevi (Manipuri Exponent) with her daughter and Mrs. Radha Guha**



**Mr. Shaheen (Bangladesh Dy-High Commission, Mumbai) and Dr. Tushar Guha**



**Dr. Tushar Guha, Ms. Avila Luke (VP - Christ Church, Byculla), Mr. Graham Heiden (Principal - Christ Church, Byculla)**



**Mr. Bhattacharya, Mrs. Sangeeta Bhattacharya (Principal - Don Bosco, Nerul), Ms. Shoma Sinha (Singer), Dr. Anonna Guha**



**Dr. Tushar Guha and Padmashri Darshana Jhaveri (Manipuri Exponent)**



**Dr. Tushar Guha and Mr. Rohan Bhat (Chairman, Children's Academy Group of Schools)**



# Nrityanjali-An Inter school contest concludes

Evokes overwhelming response

By Indranil Bose

The popular Inter school contest "Nrityanjali" came to an end evoking an awe-inspiring response from across Mumbai Metropolitan Region including Navy Mumbai, Out of twenty participating schools under Navy Mumbai Zone, Delhi Public School, Narul emerged as the winner while Jagadgur School, Sion was adjudged as the first runner up and St Lawrence High School, Vashi secured the position of second runner up. Even School bagged a special prize. The competition was held in four regions namely Central Zone, South Mumbai Zone, Western Zone and Navy Mumbai Zone.

The Navy Mumbai Zone Inter school contest was held at St. Lawrence School, Vashi with a whopping 5000 plus entries. This was the 36th Nrityanjali Inter school contest held physically this year after being held online for two years due to the pandemic. The response was tremendous with all schools participating with a vengeance and level of enthusiasm. Finals of Nrityanjali. First started on Nov 19, with the Central zone, followed by South Mumbai Zone, Western Zone, Navy Mumbai Zone was completed on December 11, 2022, followed by Anantodi United, Executive from Navy Mumbai.

The prize distribution ceremony was held at Herta and Paul Amirani Centre for New Marine Lines, Mumbai on Dec 2023. The event was quite meaningful in all respects because Nrityanjali is also celebrating Diamond Jubilee Year in 2023-24.

The prize distribution ceremony it was a complete package of events lined with a series of dance, drama, folk arts, ensemble of variety styles and songs from different states of the nation. Nrityanjali artists presented a beautiful cultural programme on this occasion for the students and scholars. The opening dance based on Tagore's "Anandabole" presented by Dr. Tushar Gaba (Founder of the Institution) and

Dr. Anoma Gaba mesmerised the audience. It was followed by Ganga Sankha, a tribute to the Nighantole of India Late Mangabkar. Kathak recital Vidhi, a joyful dance on Yamakko from West Bengal and Bharatanatyam dance presentation "Tilaka" made the whole audience spellbound. The cultural program ended with dance drama "Kalki" performed in folk dance style on an original script, the story was set in the village "Dhan Dhani" and revolved around the lives of the village couple Chandramukhi, Suryodhan and "Jagadgur" Kalki.

The Guest of Honour Mr. Sudipta Sen Gupta and Mrs. Eshwari Sen Gupta graced the occasion and encouraged students. Mr. Sen Gupta said, "Nrityanjali First plays an important role in the character building of a child, as they learn to explore various dimensions of their life."

After the cultural program, the most awaited prize distribution ceremony began. Certificates, medals and prize were handed over to the winning students of each school. It was a memorable moment to witness the children receiving their certificates and medals. Every zone was adjudged with a winning school, first runner up school and second runner up school. Judges of the event were eminent people from the field of performing arts, fine arts, academics and education.

The main motive of the Nrityanjali First is to provide a platform to children and teenagers to break their inhibitions, unfold their hidden talents and develop confidence, creativity and enhance overall growth. It is not important only to win but one must learn to lose gracefully," concluded Dr. Tushar Gaba, the Founder Director of Nrityanjali. The First, which commenced in 1987 became a prestigious inter school competition encompassing events in over 100 countries. It is a platform designed to suit the needs and requirements of children from Junior KG to Std 10.

## Student Exchange Program to Adelaide, Australia

Learning a new culture and challenging your own capacity was what we achieved during the study tour to Adelaide, South Australia was designed for students of the Navy International Group of Institutions. This year our best school in Adelaide has been Westville High School. Anura Misra along with their international students program manager, Dr. Anoma Gaba welcomed the group.

This year they visited the Parliament, interacted with the service MLC Hon. Justin and Hamilton, and office bearers of Hon. Russell Worley. The tour ended with a day of sightseeing in Sydney where we not only explored Sydney Tower Eye but also visited the House of Assembly. The tour was a great opportunity for their learning ability and participation by the department.



Students also enjoyed the Cooking class where each student baked muffins made of local ingredients made only in Australia.

Covered in Times - NIE Student Edition Paper

## Nrityanjali presents a cultural afternoon to mark International Dance Day

By Indranil Bose

To mark the occasion of International Dance Day 2023, Nrityanjali presented a cultural afternoon of Kathak, Bharatanatyam, Creative and Folk Dance and recited traditional ragas from the Who's Who of classical Indian dance forms of India.

The program was Sharma and Sangeeta presented at Herta and Paul Amirani Centre for New Marine Lines, Mumbai on April 29, 2023. Dr. Tushar Gaba's Nrityanjali presented a cultural afternoon of Kathak, Bharatanatyam, Creative and Folk Dance and recited traditional ragas from the Who's Who of classical Indian dance forms of India.

The dance recitals began with a serene performance of Kathak by Anoma Gaba. She described the history of Lord Krishna. His actions, His love, His neighborliness, His courage and His love for his devotees. This performance had three styles of Bharatanatyam, Kathak and Creative style of dance, presented by Anoma Gaba on Creative dance style. Dr. Anoma Gaba in Kathak style. Sent Sangeeta Sarani in Bharatanatyam style.

The Kathak style of dance presented Khanda, Nayika which showcased a woman's internal conflict to maintain her dignity. Kathak dance compositions had been also recognized by Guru Sen Dr. Anoma Gaba, recipient of the Merit Award in Kathak and the Dance Curator of Kalyan Arts Festival 2023.

The highlight of the entire program was the performance in Creative Dance style. Sangeeta Sarani

Radhika Das. A series of three creative dances, which depicted the journey of Radha for Lord Krishna in the first song, then the romantic encounter of the nation meeting with Lord Krishna in the second song and lastly the joyful celebration by the devotees.

These dances were choreographed by Guru Dr. Tushar Gaba and his disciple Mr. Ganesh Datta. Songs were composed by Pt. Ravi Shankar for Nrityanjali and one of them was Raghavika Sangeeta. The music presentation of the afternoon was in folk dance style - Band dance choreographed by Guru Dr. Tushar Gaba ended with an ecstatic note singing "Hari Ho".

The special audience included some Who's Who from classical dance forms like Manipuri Tansen, South Lament, Deva, Bharatanatyam exponent Dr. Anoma Gaba, Bharatanatyam exponent Dr. Chitra, Kathak exponent Mr. Kalyan, Classical Singer Mr. Anoma Gaba, Dance Curator of Sangeeta Festival, Sent Sangeeta Chatterjee, Sangeeta, who had been awarded the Bharat Ratna in 2023.

Nrityanjali is celebrating its 36th year under the able guidance of Guru Dr. Tushar Gaba, who at the age 75 years still going strong and performed on stage depicting his love and grace adorning his unique style and persona.



## Nrityanjali organizes classical dance workshops to enhance students' understanding

By Indranil Bose

For better understanding and holistic performances, Dr. Tushar Gaba's Nrityanjali organized classical dance workshops on three classical dance styles on 6th and 7th May and 13th and 14th May in Bangalore, about Dr. Anoma Gaba, Director of Nrityanjali.

"We are able to provide complete knowledge and guidance in various classical dances on this is an institute of performing arts, personality development, social, emotional, and management services, all under one roof. Under the wings of Guru Dr. Tushar Gaba, we have been conducting classes for classical dance styles Bharatanatyam and Kathak with a very nat-

ural for the last 40 years so that every strain of society can witness this. Dance workshops were organized with the support of eminent dance exponents from respective fields with an aim to give the students exposure to different styles methodically," she said.

Two days. Even though students are specializing in a particular dance form like Kathak or Bharatanatyam, they were given the opportunity to learn other dance styles to add value to their growth as a dancer and performing artist," explained Dr. Anoma Gaba.



Renowned Manipuri film actress and Kathak exponent Sharmila Tagore's Guru Poo was specially invited to conduct the Kathak Workshop for

With Manipuri exponent Lakshmi Devi, students got to learn many dimensions of our

Continued on page 5



**NRITYANJALI EDUCATION SERVICES – OPEN FORUM FOR PRINCIPALS (NES-OPF)**



**Principals meet on 'Inclusion' Hosted by ADAPT, Bandra**



**Principals meet on 'Implementation of NEP 2020'. Hosted by Little Angels International School, Sion**



**Principals meet on 'Implementation of NEP 2020'. Hosted by New Bharda School, Fort**

**International Study Tour to South Australia**



**Host: Woodville High School, Adelaide**



**Students with Senior MLA Hon. Justin Hanston at the Adelaide Parliament**



## **NRITYANJALI & KALAGHODA ARTS FESTIVAL 2023**



**KUHAKINI dance drama presentation at KalaGhoda Arts Festival 2023**

**Indian Folk dances by schools across Mumbai and Navi Mumbai under the aegis of NES-OPF**



## **Nrityanjali Fest 2022 - Prize Distribution Function**



## IMPACTFUL LEADERSHIP



**Mrs. Ruma Dey - Dy. Managing Director and GCO, State Bank of India**, conducted an interview of Dr. Tushar Guha Sir on being nominated to a Leadership Development Programme at a prominent Business school.

**The assignment was to** interview the persons who have played a significant role in her leadership journey and Dr. Tushar Guha has played an impactful role in her leadership journey.

**The Editorial Board of Parichay Mein Parichay, found that the Question- Answers of the Interview, reflected a different dimension to Leadership qualities. We take pride in reproducing the interview below**

***You have had a long and distinguished tenure in your organization, What are the principles, values and boundaries that you followed in your journey***

**Ans :** Total Passion, Total Giving and full commitment. Often I say “Every thing has to be done Yesterday” meaning no work should be pending and immediate attention to the minutest issue. Grow not in speed but in quality. I concentrated in building a team with emotion and logic - offer reasons for every thing to Self. Respecting and Understanding others - no sympathy or pity. Lived a very disciplined life in all spheres. Needs to be seen. Believe and practice “As many people, that many opinions and ways” And we have to take pain.

***What were the moments or incidents which were your Crucibles? ( a Crucible is a transformative experience or defining moments which were life threatening or career threatening , which forces us to question our most basic values and determine how we want to show up to the world)***

In the journey of life, hurdles are inevitable. Low feelings are natural. But if we are passionate, we still continue. For me, I received constant criticism for doing what I was doing - my activity was not the norm - it was a deviation.

Each hurdle, looked a set back but I believed in Self and continued. I am an optimist, so found strength in every rejection.

Gradually all rejections turned to new learnings. Often I spoke to self, questioned my work, my life - I broke down some times but then the pain, the humiliations, the insults gave way to challenges and then happiness. I grew in wisdom - became self reliant, self confident and more rational.

***At what stage in your life/ career did you discover your strengths and passions and how?***

In a lighter vein, I describe myself as a product **by default**. I loved dance, studying human relations and emotions and by the age of 25 years realised that I feel very happy doing my



research and practicing my passion of performing arts and social service. Ofcourse I had to earn my living through my Printing Press which eventually grew into a private limited company. It was very very tough balancing my commercial profession and my passionate profession. I made my institute Nrityanjali, more structured when I was 25 years ( I formed my institute in 1963 - I was 15 years - but more in a club format. By the time I was 35 years (1983) I made Nrityanjali a registered public charitable trust and and institute of performing arts, education, personality development, social and management services. I was sure of doing what I was doing - was full of high spirit, challenges and enjoyed every bit.

The financial crunches, other adminstrative difficulties were a challenge. Also got Nrityanjali affiliated to Gandharva university

Frankly the answer to the HOW is passion, challenge and happiness.

I identified and motivated college students and middle age people - constantly appreciated and encouraged and remained a part of the team. Did all the ordinary - day to day jobs too.

The Team identified with me and Nrityanjali. And yes, I respected, loved and cared for every one - the motto was *Love, Care and Share Whatever Little We Have*

***How were you able to build your support team both at professional and personal fronts?***

My wife, Radha, who is otherwise a complete home maker, is a trained and brilliant singer and musician. I motivated her to lead my music section and also be the Mother figure, caring for every one associated with Nrityanjali. I in turn, shared all her house old chores and responsibilities equally.

Involved my daughter too every where but we remained very professional in the institute. Distinct role at home and Nrityanjali - no overlapping. It was tough but possible. We had our share of differences - but we cared

***What is your definition of an integrated life? What were your experiences while in the effort to create one for yourself?***

We are complete when our personal, social and professional life can be harmonised. It takes time and not very easy - but possible. I spent time and totally remained involved in family issues including that of the extended family. Was very well planned, complete and effective Time Management. I never felt stressed, and always happy. I think it happens, when we love what we do. I was totally at the bedside of my wife, daughter, parents, brothers when it was needed. Till date every one - family or students and associates find me to be the most dependable - that's a blessing.

People say that I struggled. But frankly No. I simply lived happily. I love my work, my interest, my family. My family is not my wife, daughter, extended blood relations only- it is my students, my members, my staff, my mentees, my trainees.

***What is the difference that you wish to make to the world? Whether that has stayed the same over time or has it changed?***

As I said, I did what I loved and continue to do - dancing, singing, acting, writing, dubbing, researching, training teachers and corporate executives, social service (jail inmates, patients, destitute women, old homes, orphanages, building toilets - bore wells etc).

I have remained a motivational speaker, conduct spiritual (not religious) talks. Never had a thought that I will bring in changes in



the world. But I do notice - where ever we worked, changes in the thought process and attitude took place. Life continuously evolves. Look towards life to be a happy and relaxed place

***Your advice in 5 points on leadership? From your perspective of being led by others and your personal experience leading others?***

I admire my Father Shri Sudhendu Kiran Guha, Mother Smt, Bidyut Rani Guha, Teacher Smt, Anima Roy. Their simple and practical living - *practice what we preach* approach and most importantly sharing thoughts, experiences and learnings.

**The five points are**

1. Self Discipline in thought and action (Planning). And Pain to be absorbed
2. Commitment and value - no conflicting talks or actions but a diplomatic approach
3. Transparency as much as possible
4. Respect and understand others - initiate the initiative of fellow team members
5. Effective Communication



**Mr. Gautam Dey**, Former Head of Bombay Port Trust (BPT) and **Mrs. Ruma Dey** Dy. Managing Director of State Bank of India (SBI) joined Dr. Tushar Guha, his family and Nriyjanjali team in celebrating **Nriyjanjali's Diamond Jubilee** closing function on 1st July 2023

## ***The Study Tour to ADELAIDE***

**- Report by Dr. Poonam Verma**  
(Editorial Team member)

A 10-day study tour to South Australia was organized by our very own Girish sir, for the students of Ryan International group of institutions, as a part of the International student exchange programme. Dr. Snehal Pinto, Director, Ryan Group of Institutions, has been instrumental in initiating the study tours to Australia. Her keen desire has been to provide a comprehensive learning experience and allow students to experiment and explore new possibilities through an adventurous journey. Mr. Girish Dalvi, Trustee of Nrityanjali, Chief Administrator of Open Forum for Principals (OFP), India, and representative of Department of Education and Child Development (DECD) along with Mrs. Alice Vaz, Principal of Ryan International School, Kharghar headed the group.

Such study tours, International Children's festivals, events, and visits have always been introduced by Ryan Group for over 20 years to provide not only experiential learning but also to help create a larger community of students who would come together to be the Changemakers. This has been possible only under the visionary guidance of Chairman Sir - Dr. A.F. Pinto and Managing Director - Dr. (Mrs.) Grace Pinto. This initiative has encouraged their students to travel around the world. Nrityanjali's association of over 20 years with Ryan continues not only through such Study tours but primarily into conducting Effective Parenting workshops for Ryan parents, teachers' trainings, and career counselling for students, PAN India and in Dubai.

Learning a new culture and challenging your own capacity was what was achieved during the study tour to Adelaide, South Australia, which was designed for students of the Ryan International Group of institutions. This is the third year, and the first group after the pandemic, that experienced Australia through the tour.

A total of 10 students from grades 8 to 12 participated. DECD, Government of South Australia, through their representative Mr. Girish Dalvi, has been inviting Ryan Group to get first-hand experience of their public school and explore new subjects.

The objectives of the study tour were carefully crafted to ensure a comprehensive learning experience for the students:

1. Building Confidence through exposure and interaction at a global level.
2. Experiencing the culture and learning abilities of their Australian peers.
3. Living with locals in Adelaide through a homestay arrangement.
4. Building their knowledge quotient across various subjects.
5. Recognizing and valuing the blessings of a rich and fulfilling life.

The tour began on 26<sup>th</sup> May 2023, with the journey from Mumbai to Adelaide. This year the host school in Adelaide was Woodville High School (WHS). On the morning of 28<sup>th</sup> May, the group reached Adelaide where they were received and welcomed by Ms. Pixie, the Education Department officer, and Ms. Dina Matheson, International Students Program (ISP) manager of WHS. The students were then paired with their respective homestay family members, who took them home and then either to watch some sports, or to visit a park and feed kangaroo, or go shopping.

On the next day, at the inception of the study tour at WHS, the Principal, Ms. Anna Mirasgentis along with their ISP Manager Ms. Dina Matheson welcomed the group. The school Vice Principal, Mr. Luke Smith, helped the group understand the interdisciplinary learning environment and catered to over 25 diverse community students. This school is progressive enough to incorporate extensive

use of technology, allowing teachers, parents, and students to not only befriend technology but optimise its use for the betterment of the students.

With great enthusiasm Ryanites accompanied their buddies from WHS in learning subjects like history, visual arts, physical education, mathematic, physics and music, to witness the approach of these students and experience the dynamics of the class. Throughout their journey, the students delved into a range of subjects including Computer Applications (Animation), Tourism, Dramatics, Music, and Entrepreneurship. These specialized subjects provided them with unique insights and hands-on experiences that broadened their horizons and expanded their skill sets.

In addition to academic growth, the students also had the opportunity to immerse themselves in the Australian way of life. The students formed connections with their homestay families, gaining an authentic understanding of local customs, traditions, and values.

The other experience included the visit to the Woodhouse Activity Centre which allowed students to test their abilities and challenge themselves to the various outdoor activities planned at the Challenge Hill. The new game they were introduced was Disc Golf, played much like golf but instead of a ball and clubs, players use the disc called frisbee. Students also enjoyed the cooking session where each student baked muffins using local ingredients available only in Australia. The principal of the school acknowledged and appreciated their efforts by joining them along with her leadership team in celebrating their baking success.

During past tours, the Ryanites had the opportunity to visit the mayor's office and interact with the local Councilors. But this

year, the group had the fortune to visit the Parliament, interact with one of the senior MLC Hon. Justin Hanston, and office bearers of Hon. Russel Wortley, briefly tour the Parliament Library, and sit in the House of Assembly. Students were ecstatic when they got to sit on the Speaker's chair and click photos.

The Ryanites were awarded a certificate for their learning ability and participation by the department. The school had over 6 Indian teachers who in honour of the group organized a small lunch get-together. The moment was so emotional for everyone, primarily because they could connect to their people, and the group was delighted, as they got to relish Indian food after a long gap of 5 days. The students felt enriched, as they were provided an opportunity to stay with local families to learn about their culture and lifestyle and build connections with them. Our Ryanites made us proud by not only meeting the challenge but also demonstrating strong will, independence, individuality, and togetherness.

Mr. Girish Dalvi, the group leader expressed, "All the luminaries who interacted with our students felt proud and appreciated their intellect, conduct, and behaviour. This not only made Nrityanjali and the Ryan Group proud but also made our country feel proud of our young generation."







The tour ended with a 3-day sightseeing tour in Sydney which involved exploring the Sydney Tower Eye, visit to the Opera House, Aquarium, and Safari Wildlife, visit to the Blue Mountains, along with shopping for near and dear ones. According to Dr. Tushar Guha, Founder Chairman of Nriyjanjali Group, “The study tour not only broadened the student’s horizon but also helped deepen their understanding of life and global learning environment. These are the key ingredients that guide students to develop emotionally, socially, and intellectually which leads to building a sound personality.”

Exploring the vibrant city of Adelaide, visiting breathtaking parks, and engaging with the local wildlife, particularly the kangaroos, added a touch of adventure and excitement to their journey. The students also had the privilege of witnessing sports events and indulging in shopping, enhancing their overall experience of Australian culture.

This study tour not only fostered personal growth and cultural exchange but also provided the students with a deeper understanding of international education. The certificates they received symbolize their accomplishments and the recognition bestowed upon them by both their school and the esteemed Parliament of South

Australia. These certificates will serve as a reminder of their exceptional achievements and the valuable lessons they learned during their time in Australia.

Overall, the Study Tour to Australia was an enriching and transformative experience for Ryanites. Their newfound knowledge, global perspective, and cherished memories will undoubtedly shape their academic and personal journeys, empowering them to become well-rounded individuals prepared to make a positive impact on the world.



## Art and Globalisation

The original message in Peruvian Language from **Ms. Herlinda Gonzalez, Director of Gopesvara Arts, Peru**

*Gopesvara Arts, es una institución cuyo principal objetivo es la labor de estudio y difusión de las danzas clásicas de India, sobre todo el Bharatanatyam; tanto en Perú como en otros países de Sudamérica. Se fundó inicialmente como Gopesvara Danza en el año 2001, cambiando finalmente a Gopesvara Arts, pues se comprendió que la danza no habita solamente en esa expresión sino que se complementa con la música, filosofía, literatura, tradición, historia y cultura. Es desde esa nueva perspectiva en adelante que se ha invertido un gran esfuerzo en obtener información adecuada para que todos los alumnos puedan avanzar, según sus expectativas, en la práctica de la danza.*

*Después de tantos años de trabajo, surgió la necesidad de nuestros los alumnos obtengan una certificación y reconocimiento por el esfuerzo de su práctica y estudio del Bharatanatyam.*

*Habiendo intentando de diversas maneras obtener un acercamiento con la India, y después de muchos rezos, nuestra Sub Directora Ananga Manjari Malatesta, pudo contactar a la dirección del Nrityanjali Mumbai, obteniendo la maravillosa oportunidad de que un grupo de nuestros alumnos puedan rendir el examen de 1ro y 2do año.*

*Algunos de ellos no participaron por el temor a tener un jurado de la India, pero luego de ver que obtuvimos un excelente asesoramiento para los puntos del examen (syllabus) y también ver a sus compañeros tener a un exigente pero amable jurado, han decidido participar en la siguiente fase de evaluaciones.*

*Este año, tendremos 1ro, 2do, y 3er año con alumnos de Lima y otras ciudades del Perú, así como alumnos de Chile e India.*

*No podemos más que agradecer a Nrityanjali Mumbai, que tiene un hermoso grupo de profesores y artistas, por esta gran oportunidad, a los que participan en el jurado, por su generosidad y exigencia.*

*Esperamos, Dios mediante seguir con ésta maravillosa colaboración.*

Translation by - Mrs. **Ananga Manjiri**

Gopesvara Arts, with dedication to study and dissemination of classical Indian dances, especially Bharatanatyam style since 2001, in Peru and in other South American countries, has invested all its effort in obtaining adequate information so that all students can grow, according to their expectations, in the practice of dance with not only technique, but also philosophy, history, customs, traditions and above all respect and love for the classical arts, these were always our objectives.

After so many years of work, the need arose for students to obtain certification and recognition of their effort in their practice of Bharatanatyam, it helps them to keep pushing to their highest.

Having tried in various ways to get a contact in India, and after much prayer, our Assistant Director Ananga Manjari Malatesta, was able to contact the wonderful management of Nrityanjali Mumbai, obtaining the opportunity for our students to take the 1st and 2nd year exams.

Some of them did not take the exam for fear of having a jury from India, but after seeing that we got excellent guidance for the exam points (syllabus) and also seeing their classmates have a demanding but kind jury, they have decided participate in the next batch of exams.

This year we will have 1st, 2nd, and 3rd years with students from Lima and other cities in Peru, and students from Chile and India.

We can only thank Nrityanjali, Mumbai for this great opportunity to value more effectively and organized all the effort on the part of the teachers, students and collaborators of Gopesvara Arts.

We hope, God willing, to continue with this wonderful collaboration.



## LEARNING, ABHYAAS, SEEKH

*Students sharing their experience of Dance workshop held in May 2023*

नृत्यांजली संस्थेने आयोजित केलेल्या दोन्ही कार्यशाळा - वेसिक कथक आणि प्रगत भरतनाट्यम मणिपुरी शैलीत उपस्थित राहून मला धन्यता वाटली. मणिपुरीसारख्या शास्त्रीय नृत्य प्रकारासह कार्यशाळा भरवणे हे मात्र अजूनच उत्तम झाले. त्यामुळे आपल्या आवाक्याबाहेर असलेली नवीन नृत्यशैली शिकता येणे हा एक अद्भुत अनुभव होता. एक नृत्यांगना म्हणून, आपल्या सर्वांना प्रगतीशील होत राहायचे असते. नृत्यांजली प्रत्येक संभाव्य नर्तकाला वाव देते ज्यांच्यामध्ये सतत शिकत राहण्याची उत्सुकता व इच्छा असते.

तसेच दोन्ही कार्यशाळा अशा रितीने तयार करण्यात आल्या होत्या की कोणत्याची शिक्षणाची पुनरावृत्ती झाली नाही. गुरु लतेसेना देवी जी यांच्या उत्साहाला आणि त्यांच्या देवी, सुंदर नृत्यदिग्दर्शनाला सलाम. त्यांनी आम्हाला मणिपुरी नृत्यशैलीची मुळे आणि त्यांच्या देवी इतिहासाची जाणीव करून दिली. गुरु शर्वा जी जमेनिस जी यांनी आम्हाला प्राण्यांपासून मानवापर्यंत प्रत्येक जीवाला आपल्या नृत्यात आणण्याचा मार्ग दाखवला. गुरु रेवती श्रीनिवासराघवन जी यांनी नवशिक्ष्यांसाठी अभिनय भरतनाट्यम सर्वात सोप्या मागिनि आणून आम्हाला आश्चर्यचकित केले आणि त्याचप्रमाणे शास्त्रीय नृत्यातील गुंतागुंत कशी वाढत जाते आणि कुठल्या पद्धतीचा रियाझ करून आपण त्यात पारंगत होऊ शकतो हे त्यांनी आम्हाला भरतनाट्यमच्या प्रगत वेंचमध्ये दाखवून दिले.

आधुनिक जगासोबत प्रगतीशील होणे चांगले आहे, पण आपली मुळे न विसरता, आपल्या देशाने काय देऊ केले आहे याची जाणीव असणे आणि त्याच्याशी असा मोठा इतिहास आणि सांस्कृतिक समृद्धी जोडलेले काहीतरी शिकणे, हा एक आशीर्वाद आहे!

हे दोन वीकेंड अंतर्दृष्टींनी भरलेले होते आणि मास्टर्सचे थेट प्रदर्शन पाहणे ही एक व्हिज्युअल ट्रीट होती. त्यांनी सामायिक केलेल्या अनुभवांनी मी भारावून गेली आहे, त्यांच्या नम्र दृष्टिकोनाने आश्चर्यचकित आणि त्यांच्या दृढ रियाझने खरोखर प्रेरित आहे.

आम्हाला एक विशेषाधिकारपूर्ण, आजीवन अनुभव दिल्याबद्दल सर्व गुरुंचे व त्रित्यांजली संस्थेचे मनःपूर्वक आभार.

- केतकी नाईक सारंग

कथक व भरतनाट्यम वेंच

From Bharatnatyam to Manipuri: A Dance Diary from Nrityanjali

The weekend of May 13th and 14th, was an exceptional one for all of us at Dr. Tushar Guha's Nrityanjali. We had the honour of attending two distinct and enriching dance workshops – an advanced level Bharatnatyam session led by Smt. Revathi Srinivasaraghavn, and a beginner level Manipuri workshop, under the expert guidance of Smt. Latasana Devi.

The Bharatnatyam workshop began with the fundamental tenet of any classical dance – the importance of warm-up exercises or 'riyaz.' Our mentor, Smt. Revathi Srinivasaraghavn, with her vast experience and unique teaching methodology, elucidated on how these exercises form the basis of flexibility, core strength and stamina, some critical aspects of Bharatnatyam.

Next, we moved onto learning intricate dance pieces – a jathiswaram and a Krishna shabdham, both composed by Thanjavur Ponnaiyya Pillai. The Jathiswaram in raag Bhairavi and taal Rupaka was a complex tapestry of rhythmic sequences that we navigated under the adept guidance of Smt. Revathi. The Krishna Shabdham in raag Maalika and taal Mishrachapu, on the other hand, beautifully described Krishna as the handsome moon of Gokul, the one who brings auspiciousness to the Gopikas, the one wearing a cowherd's attire who offers protection, and the one who carries a heron's feather, symbolizing his inherent virtues.

Similar was the experience for Manipuri dance, an art form as delicate as it is powerful. Smt. Latasana Devi started the session with an introduction to the dance's styles, performance rituals, and the occasions on which certain pieces are traditionally performed. It was fascinating to delve into this cultural treasure trove and gain insight into a dance form so distinct from Bharatnatyam.

We began the practical part of the workshop by learning the Manipuri 'namaskar.' This humble salutation encapsulated the grace and subtlety characteristic of Manipuri dance. The warm-up exercises were followed by an introduction to a cholom-style composition. It was a captivating dance sequence that managed to convey the unique rhythmic flow of Manipuri dance, even to us beginners.

The culmination of these enriching workshops was a simple but touching ceremony where we received certificates acknowledging our diligent participation. These workshops provided not just the opportunity to learn and explore but also served as a valuable reminder of the depth and diversity present within Indian classical dance.

I would like to express my heartfelt gratitude to Dr. Tushar Guha's Nrityanjali for organizing these workshops and Smt. Revathi Srinivasaraghavn and Smt. Latasana Devi for imparting their invaluable knowledge. We have come away not only with enhanced skills but also with memories that we will cherish forever.

The weekend affirmed to all of us that every step we take in dance brings us closer to a tradition that binds us all. As we move ahead, we do so with the rhythm of Bharatnatyam and the grace of Manipuri echoing within us, enriching our dance journey.

By Rashmi Panikulam

नृत्यांजली द्वारा आयोजित कथक और मणिपुरी नृत्य की **workshop** मेरे लिए बहुत ही उपयोगी थी। कथक में गुरु शरवरी जी ने भाव प्रदर्शन से अभिनय कीवारीकियों को बहुत ही नायाब तरीके से समझाया। कथक में तिहाई और **body flexibility** के लिए बहुत **practice** करवायी।

गुरु लतासना जी ने मणिपुरी नृत्य में राधा कृष्ण की संगीतिका सिखाई। मणिपुरी नृत्य में शरीर बहुत धीमी गति से चलता है। इस नृत्य की भावभंगिमाओं ने मेरे दिल को छू लिया। इस **workshop** में मेरा अनुभव बहुत ही शानदार रहा।

by Nishtha Nathani



## ARTIFICIAL INTELLIGENCE

Contributed by:

**Mrs. Geeta Chandrasekaran**

Mrs. Geeta Chandrasekaran Madam has been a successful Principal, presently a Corporate Trainer and is the Head - HR of Nriyjanjali Group.



In every conversation and discussion, the latest buzzword is 'Artificial Intelligence'. There is a rush for courses conducted for 'Data scientists' to meet the demands of future requirements for such expertise when artificial intelligence takes over. Obviously, the demand for artificial intelligence arises because of certain decline in 'natural intelligence' in certain sections of society. In fact, it is natural intelligence that produced artificial intelligence. The next few decades may see 'robots' taking charge of all human activities – from the kitchen to driving a car, running a factory and a host of similar human activities making humans redundant. I am not aware if there are male and female robots scheduled to reproduce just like humans do. Yes, it is just exciting that automation will rule the world in the next few years and we humans would be redundant. Everything will be done on the press of a button. You and I will be always on our mobile phone talking to everyone else in the world for twenty four hours.

As we know, AI stands for 'Artificial Intelligence', implying that artificial intelligence is needed as there has been decline in natural intelligence among the human race. Darwin's theory, 'The origin of species', is based on a well known theory of biological evolution developed by the English naturalist Charles Darwin (1809–1882) and others, stating that all species of organisms arise and develop through the natural selection of small, inherited variations that increase the individual's ability to compete, survive, and reproduce. The ultimate result of evolution

is the human being that outwitted its predecessor the ape which was also a two-legged animal. Thus, the humans emerged as the intellectual breed that can 'think and act' unlike other life forms which act only on 'instinct'.

Of late, there has been distinct signs of change in the human intellect and behaviour. It shows signs of reversal of the intellectual process of 'think, reason and act' which accounts for intelligence, to act on instinct as animals do as some of the acts and incidents, taking place all over the world. Has animal 'instinct' taken over the act of human 'intelligence'? Is it due to evolutionary problem or simply a social problem. In this connection, I would recall a Hollywood movie I had seen over decades ago, 'Planet of the Apes' in which Apes, which were the predecessors of human race rule the world like humans did. The apes had captured a few humans and put them in cages for their younger apes to see as we see animal in a zoo. One sympathetic lady doctor among the apes who had been attending on the sickly humans, took pity on them and arranges their escape by keeping a boat near the adjoining sea for them to leave, In the last scene as the human's rush to the boat they cross a huge statue lying on the sands and battered by the waves, , implying that this is happening in our world.

Soon AI is going to be "Good Bye mobile phones." It's a new kind of wearable device that's built entirely from the ground up to AI and its completely stand alone. We don't need a smart phone or any other device to pair with it. It interacts with the world as we interact

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## CAREER IN EDUCATION MANAGEMENT & ADMINISTRATION



Written by - **Mrs. Vasanti Anand**

Senior Faculty with Nriyjanjali Education & Management Services for the last 25 years, Mrs. Vasanti Anand is an MBA in education Management and conducts her tutorial classes in Andheri

A career in education has never been so attractive and as exciting as now. Today the role of a teacher has expanded beyond the classroom. For a person who is very dynamic and career oriented, this can extend to being involved in the role of an administrator and being a part of the management.

Today principals, school heads and senior teaching professionals are expected to be aware of the administrative responsibilities and management functions. The role of teachers is evolving every day and they are constantly being engaged in a larger role of bringing about a change in the leadership practices in education settings.

To chase a career in education, one can do a course in education administration and management. It is available as a certificate, diploma, masters, a post graduate diploma programme. It opens the door to career opportunities like being a Registrar, Vice Principal, Administrative Officer, Counsellor, Placement Coordinator, Academic Consultant, Office Superintendent, Centre Head, Examination controller, etc.

The courses focus on skills in human relationship, problem solving, community relationship and community cooperation. Other topics covered include information technology and its application in educational administration, evaluation methodology and research. Some PGDEA programs also focus on the Legal Aspects of Educational Administration, Guidance, and Counselling.

At the end of the program, the candidates are supposed to complete a "Project". Project-based learning is a dynamic approach to teaching in which candidates explore real-world problems and challenges.

As academicians, administrative officials and heads of educational institution one must be able to incorporate the latest methodologies of managing our organisation. Hence apart from being an academician there is also a need to multitask.

As an administrator some of the functions involved are:

1. Making financial decisions- Running an organisation involve a lot of finance and the decisions regarding allocation of funds. It will also depend upon the size of the school and the various courses of funds like public and private grants and state programmes.
2. Setting budgets- an administrator helps the organisation set up budgets like salaries classroom supplies etc.
3. Guiding teachers according to policies and programmes. Motivating teachers to excel and give their best. Looking into the teaching/ learning standards. Monitoring not only the student but also the teacher performance.
4. The educational administrator has to work with teachers to design curriculum for students, implementing new and varied ways to teach concept. They also provide instruction to



teachers for following proper educational techniques to teach students. Though the teacher has classroom autonomy the administrator offers suggestions for classroom management.

5. As administrators, they interact with other schools in the region which helps them to evaluate the performance and standard of their school with the others. It helps them to know about the different approach or new approach adopted in education in other schools.

6. The administrator helps in the holistic development of the child by offering different programmes like –life- skills, sports training, different personality development courses, after school programmes etc.

7. Often when disputes arise in the organisation between student, staff or the school organisation the administrator might have to intervene and resolve the issue.

8. The education administrator also has to do planning in a way that it meets the short term as well as the long term goals, keeping in mind the vision and the mission statement of the organisation.

To summarise education administration involves planning, organising, financing, directing, supervising, inspecting and evaluating, setting up goals of education, review, feedback and innovation.

So if one sees themselves in the above role, which is a very fulfilling career one must be a participant in field of education and be a part of the nation building process. As we all know the foundation stone of our great nation lies in its education.

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with the world, hearing what we hear and seeing what we see. We like to say that the experience is screenless, seamless and sensing. Say, we are health conscious or we have certain type of food considerations.

Eg- *I pick up a chocolate and say, "Can I eat this?" It says, the milky bar contains cocoa butter, given your intolerance, you may want to avoid it. My AI knows what's best for me, but I am in total control, I say, "I am going to eat it any way." It replies, "Enjoy it."*

This example is just a start. As AI advances we will see it transform nearly every aspect of our lives, in ways that will seem unimaginable now.

Apart from the flippancy implied in the above note, it is high time that we nurture and restore 'natural intelligence' among us, human beings, in order to prolong the existence of the highest form of evolution destined by nature.

Perhaps, the need of the hour is that Artificial Intelligence should be deployed only in such areas where it is dangerous or outright degrading activities which subjects certain sections of human society exposed to such acts. Until then, Robots and other functional gadgets based on Artificial Intelligence, shall be confined to say - toys or developmental activities to promote natural intelligence.

# JOKES

I used to do fine arts, until I decided I didn't like the arts.

Now I'm doing just fine.

**How many artists does it take to change a light bulb?**

**Ten. One to change it, and nine to reassure him about how good it looks.**

What did the artist draw before he went to bed?

The curtains!

Save your voice calling for your kids. Just open a bag of chips and they'll materialize out of nowhere.

**According to my kid, the perfect amount of time to stay at the park is five more minutes.**

No one is more passionate about their kids back to school opinion than my friends who don't have kids.

I'm just a mom, standing in front of my husband, trying to say something that I can no longer remember cause my kid interrupted us 75 times.

The best thing about trying to name a baby is realizing how many people you hate.

Having one child makes you a parent. Having two kids makes you a referee.

**Before having a kid the most important thing to ask yourself is: Am I ready to watch the exact same cartoon on repeat for the next 4 years?**

*The quickest way for a parent to get a child's attention is to sit down and look comfortable.*

**90% of parenting is just thinking about when you can lie down again.**

## Rhymes & Verses



### Chai and Pakori

Lovers of *Chai* and *pakori*,  
Will never deny  
The romance between the tea and the savoury!  
Especially when, with a pitter-patter,  
The rains open up to batter- the city, I mean.  
Then the batter in the cauldron sizzles  
With the smell of *pakoris*- our face muzzle!  
The tingling taste-buds is set to music  
And the eaters savour it quick!

A hot cup of chai follows  
With sugar, elaichi, ginger  
None has any idea of sorrow!  
Bliss complete...  
*Pakori* and *Chai*  
We are 'high' !

At every joyful celebration with friends, family  
or lover,  
*Chai* and *Pakori*  
You are the best forever, forever and forever.

Written by: **Mrs. Revathi Sethuraman**

*Mrs. Revathi Sethuraman, worked as an educator for over 30 year before being a part of Nriyjanjali faculty team.*

*She conducts Life Skills workshops and Career counseling through Nriyjanjali and has completed her Special Personality Development Courses (Level 1,2,3) under Dr. Tushar Guha.*



## Rhymes & Verses

ओ ज़िंदगी, ओ ज़िंदगी  
कुछ पल की है ज़िंदगी।

पहला बचपन, फिर जवानी  
बाद में बुढ़ापा, यही है सब की ज़िंदगी।

हँस कर जी लो, खुल कर जी लो,  
फिर न आने वाला यह समय है  
अपनी खूबसूरत यादों को समेट लो।

कल का समय बीत चुका  
आने वाले कल की चिंता ना करो,  
आज और अभी के लिए जियो  
दूसरा पल हो ना हो।

लाये क्या थे, लेकर क्या जाएँगे  
प्यार मोहब्बत के कुछ पल,  
समर्पण और त्याग की खुशबू फैलते चले  
ज़िंदगी का सफ़र ऐसे ही खूबसूरत करते चले।

मैं में अहंकार है  
हम मैं प्यार है।

मैं खड़ा अकेला  
हम में संसार है।

मैं में स्वार्थ है  
हम निस्वार्थ है।

मैं है एकाकी।  
हम में है कुटुंबवासी।

मैं खोकला, बेकार है।  
हम शक्ति का भंडार है।

हम को सबने घेरा है ?  
मैं भीड़ में भी अकेला है।

तो मैं की मय को छोड़ो।  
हम से नाता जोड़ो।

Written by: **Mrs. Rekha Rohira**

Former Principal of Gala Pioneer School, Kandivli, Mrs. Rekha Rohira is an alumnus of Nrityanjali's Special Personality Development Course (Level 1 & 2).

A brilliant cook, Mrs. Rohira's passion to experiment and explore new learning has allowed her to connect easily with the youth.

Written by: **Mrs. Alpa Pandya**

Teacher with Hansraj Morarji School, Andheri, Mrs. Alpa Pandya is a soft-spoken aristocratic personality. Her interest in art and aesthetics allows her to interact with students in a very creative manner.

A patient human being, Mrs. Pandya is also an alumnus of Nrityanjali's Special Personality Development Course (Level 1).



## Did U Know.....



What is common to the main stadium for the 2010 Commonwealth Games, the home ground of the Kerala Blasters in Kochi, and the home ground of the Maharashtra Ranji Trophy team?

**Ans. All are named**

**after Jawaharlal Nehru**

The popularity of which first name has declined over 70 % in the US after the release of a specific product by Amazon in 2014?

**Ans. Alex, after the Amazon voice assistant.**



Which American President co-authored books named 'The Art of the Deal', 'The Art of Survival', and 'How to Get Rich'?

**Ans. Donald Trump**

What theme is common to the Hindi films Bandini, Karz and Om Shanti Om, and the Tamil film Anegan?

**Ans. Reincarnation**

Which city, around 60 km distant from Varanasi and also the name of a series on OTT, is renowned for its carpet industry?

**Ans. Mirzapur**

In which city would you be more likely to use a gondola instead of a taxi cab?

**Venice : gondolas are long, narrow boats used to get around the city.**



Name the only country in the world where you can use Latin as an option at an ATM?

**Ans. Vatican City**

Which adventure activity, famously seen in the James Bond film GoldenEye, was started on April 1, at the 250 – foot Clifton Bridge in Bristol, England?

**Ans. Bungee Jumping**

Hound dogs – dogs bred for hunting – come in two basic varieties. One is scent hounds that detect their prey by tracking its scent. What is the other variety?

**Ans. Sight hounds, the greyhound and the wolf hound are examples.**

Which fruit comes in varieties like Shahi, Swarna Roopa, China, Kasba and Purbi?

**Ans. The Lychee**



# RECIPE

## LAZY NOON SNACKS

Contributed by

**Mrs. Geeta Chandrasekaran**

### CABBAGE BALLS

#### Ingredients

250 gms fresh sweet corn  
50 gms boiled rice / 50 gms rawa  
50 gms besan / 100 gms paneer  
1 ginger piece / 7-8 green chilies  
2 tsp lemon juice / half cup curds  
2 tsp sugar / 50 gms grated cheese  
Fresh coriander leaves  
Salt to taste / Oil for frying

#### Method

Boil the sweet corn and crush it. In a bowl add besan, rawa and the crushed corn. Add and mix paneer and cheese, salt, ginger, lemon juice, sugar and chilies. Mix thoroughly and softly knead the dough. Make small longish balls and deep fry in oil on medium flame. Serve the hot cabbage balls with tomato ketchup / green chutney

### SWEET CORN BHAIJAS

#### Ingredients

250gms Chana dal / 7-8 green chilies  
1 tsp ginger & garlic paste / 2 tsp sugar  
2 tsp lemon juice / 300 gms cabbage  
Salt and Oil for frying

#### Method

Soak chana dal in water for 4 to 5 hrs. Drain & grind it to a fine paste. Grate the cabbage and drain out the water. To this add all other ingredients, mix well. Make small round balls and deep fry. Serve with chutney.

**Note:** (Add sugar and pepper powder to the cabbage water, cool and it will make a very tasty and healthy drink)

### MOONG DAL BHAIJAS

#### Ingredients

250 gms moong dal  
2 finely chopped capsicum  
100 gms finely chopped French beans  
150 gms green peas / 1" ginger  
2 tsp lemon juice / 2 tsp sugar  
5-6 chillies / 150 gms paneer  
Salt / Fresh coriander leaves / Oil for frying

#### Method

Wash and soak moong dal in water for 3 to 4 hours. Roughly grind the dal in a mixer. Take beans, green peas, capsicum, paneer and crushed dal in a bowl. To this add, salt, sugar, lemon juice, chilies and ginger according to your taste. Gently mix everything and make small balls. Deep fry on slow flame and serve hot.

**LOOK OUT for .....**

**Nrityanjali Fest 2023**  
**Inter School Competitions**

#### Central Zone

Hindustani Sangeet,  
Carnatic Sangeet,  
Bharatnatyam, Western Solo  
event in **September**, and  
rest of the events on  
**2nd & 10th Dec 2023**

**South Mumbai Zone**  
All the events on  
**3rd December 2023**

**Navi Mumbai Zone**  
All the events on  
**7th January 2024**

#### Western Zone

Hindustani Sangeet,  
Carnatic Sangeet,  
Bharatnatyam, Western  
Solo event in **October**,  
and rest of the events on  
**9th & 17th Dec 2023**

**July**

2nd	Anuradha Chatterjee
15th	Nitasha Chawdhary
16th	Sampada Sakpal
17th	Diksha Bhat
22nd	Manasi Damle
24th	Harsha Andan
24th	Mahadevan
26th	Sanjukta Guhathakurda
27th	Swapnali More
31st	Vinaya Keny

**August**

4th	Vilobha Kukde
12th	Ankita Narkar
17th	Maitri Khedekar
20th	Girish Dalvi
24th	Vasanti Anand
31st	Abhilasha Saxena

**September**

4th	Nivedita Damle
6th	Anonna Guha
7th	Sejal Parab
12th	Tushar Guha
23rd	Parmeshwaran Vaidyanathan
26th	Devesh Bhat
27th	Uma Mahesh
27th	Bhavika Nathwani

**October**

1st	Yogesh Mandalia
14th	Revathi Sethuraman
21st	Kavya Khedekar
24th	Rekha Vijayakar
26th	Sana Parab

**You Can Contribute**

Articles, Poems - Original or Sourced  
 Pictures / Sketches in Black & White only  
 to the Editorila Board  
 e-mail : [nrityanjali@nrityanjali.org.in](mailto:nrityanjali@nrityanjali.org.in)



## Faculty Division at Bhandup

### - Visharad Courses under Gandharva Mahavidyalaya

Bharat Natyam Dance / Kathak Dance / Sangeet / Harmonium - once a week

### - Diploma Courses under Nrityanjali

Western Dance / Modern Dance / Film Dance / Folk Dance - once a week

### - Special Courses in association with Doordarshan Artistes

Film and Stage Acting / Dubbing - once a week

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Offer your Time.

### Nrityanjali Initiative

Marketing, Summer Camp, Projects

### Education Services

Training in Schools & Colleges

### Management Services

Management Training in Corporates & Professional Institutes

### Personality Development - Sr.

16 sessions (8 days, 3 hrs. each)

(Std. X or 15 yrs to 20 Yrs)

**Subjects :** Perceptions of Personality, Meditation, Exercise, Literary Tendency, Time Management, Communication, Voice Modulation, Human Relations, Emotions & Expressions, Project Study & Planning, Self Analysis

### Special Personality Development Course (SPDC) :

32 sessions (16 days 3 hrs each).

**Time :** 7.30 A.M. at **Nrityanjali**

Minimum Qualification S.S.C., 20 yrs

& above (any age)

**Selection by Interview Only.**

**3 Batches a year :** Feb. / April / Sept.

**Subjects :** Perceptions of Personality, Meditation, Exercise, Literary Tendency, Communication ( Voice Modulation, Emotions & Expressions, Human Relations, Case Study ), Time Mgmt. Project Study & Planning, Self Analysis, Philosophy & Psychology

### Personality Development - Jr.

( Std. II to Std. IX )

14 sessions

( 7 days, 3 hrs each )

Through Schools

/ Organisations

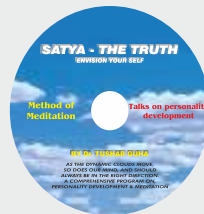
**Subjects :** Meditation, Exercise, Communication, ( Voice Modulation, Expressions ), Self Analysis



### Chaitanya Mahaprabhu

(Dance Drama)

Audio CD



### Satya - the Truth

Audio CD on

Personality Development & Meditation

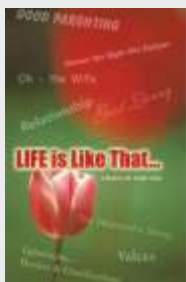
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By Dr. Tushar Guha are available with us



### Quote Unquote

- in English



### Life is Like That

- in English



### Personality Development Text Book

for Std. IX - in English & Marathi



for Std. X - in English & Marathi



### Perceptions of Personality

- in English, Hindi, Marathi & Gujarathi



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